



travel insurance designed by travellers

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# **SUMMARY OF COVER**

The following table is only a summary of the main cover limits. **You** should read the rest of this policy for the full terms and conditions and to understand when these benefits may apply. The cover level selected is shown on **your** Validation Certificate.

A  S S S S S S S S S S S S S S S S S S	Medical & Repatriation Expenses Search & Rescue Emergency Dental Treatment Outpatient Physiotherapy Funeral Expenses Abroad Hospital Cash Allowance Mugging Benefit Accidental Disability Accidental Death Accidental Death Cancellation Loss of Deposit only Curtailment Travel Delay & Abandonment Trip Abandonment (after 24-hours) Missed Departure Hijack Personal Liability Legal Expenses / applies if the appropriate premium Baggage, Money & Travel Docu Overall Limit Total Valuables Limit Total Valuables Limit	<u>-</u>	£xcess £125* N/A £125 £125 £0 £0 £0 £0 £0 £125 £0 £125 £125 N/A N/A N/A N/A \$125 £125	Insured up to £10,000,000  £50,000 £350 £350 £350 £3,000 £15 a day up to £300 £15,000 £15,000 £15,000 £3,000 £3,000 £3,000 £25 for every 12 hours up to £100 £3,000 £750 £50 per day up to £1,500 £2,000,000 £15,000	£xcess £75* £75 £75 £75 £0 £0 £0 £0 £0 £0 £0 £75 £0 £75 £0 £75 £0 £75 £0 £75	Insured up to £10,000,000 £100,000 £500 £500 £3,500 £25 a day up to £750 £25,000 £1,500 £7,500 £35 for every 12 hours up to £140 £7,500 £100 per day up to £3,000 £2,000,000 £25,000	£xcess £35* £35 £35 £0 £0 £0 £0 £0 £0 £0 £0 £0 £0 £0 £0 £0
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B  C A A A A C D C C C C C C C C C C C C	Hospital Cash Allowance  Mugging Benefit  Accidental Disability  Accidental Death Accidental Death (aged under 16)  Cancellation  Loss of Deposit only  Curtailment  Travel Delay & Abandonment  Trip Abandonment (after 24-hours)  Missed Departure  Hijack  Personal Liability  Legal Expenses  / applies if the appropriate premiun  Baggage, Money & Travel Docu  Overall Limit  Single Item Limit  Total Valuables Limit	£10 a day up to £200 £25 a day up to £250 £10,000 £5,000 £1,500 £1,000 N/A  N/A  N/A  N/A  N/A  N/A  \$1,000,000 £7,500 has been paid an aments £1,000	£0 £0 £0 £0 £125 £0 £125 N/A N/A N/A N/A \$125	£15 a day up to £300 £50 a day up to £500 £15,000 £10,000 £1,500 £3,000 £25 for every 12 hours up to £100 £3,000 £750 £50 per day up to £1,500 £2,000,000 £15,000	£0 £0 £0 £0 £75 £0 £75 £0 £75 £0	£25 a day up to £500 £75 a day up to £750 £25,000 £15,000 £1,500 £7,500 £35 for every 12 hours up to £140 £7,500 £1,000 £100 per day up to £3,000 £2,000,000	£0 £0 £0 £0 £0 £35 £0 £35 £0 £0 £0 £0
B	Mugging Benefit  Accidental Disability  Accidental Death  Accidental Death (aged under 16)  Cancellation  Loss of Deposit only  Curtailment  Travel Delay & Abandonment  Trip Abandonment (after 24-hours)  Missed Departure  Hijack  Personal Liability  Legal Expenses  / applies if the appropriate premium  Baggage, Money & Travel Docu  Overall Limit  Single Item Limit  Total Valuables Limit	£200 £25 a day up to £250 £10,000 £5,000 £1,500 £1,000 N/A N/A N/A N/A N/A N/A \$1,000,000 £7,500 thas been paid and themets £1,000	£0 £0 £0 £125 £125 £125 N/A N/A N/A N/A \$125 £125	£300 £50 a day up to £500 £15,000 £10,000 £1,500 £3,000 £3,000 £25 for every 12 hours up to £100 £3,000 £750 £50 per day up to £1,500 £2,000,000 £15,000	£0 £0 £0 £0 £75 £0 £75 £0 £0 £0 £0 £75	£500 £75 a day up to £750 £25,000 £15,000 £1,500 £7,500 £35 for every 12 hours up to £140 £7,500 £1,000 £100 per day up to £3,000 £2,000,000	£0 £0 £0 £0 £35 £0 £35 £0 £0 £0 £0
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D	Loss of Deposit only  Curtailment  Travel Delay & Abandonment  Trip Abandonment (after 24-hours)  Missed Departure  Hijack  Personal Liability  Legal Expenses / applies if the appropriate premium  Baggage, Money & Travel Docu  Overall Limit  Single Item Limit  Total Valuables Limit	£1,000  N/A  N/A  N/A  N/A  \$1,000,000  £7,500  has been paid an aments £1,000	£0 £125 N/A N/A N/A N/A £125 £125	£3,000 £25 for every 12 hours up to £100 £3,000 £750 £50 per day up to £1,500 £2,000,000 £15,000	£0 £75 £0 £0 £0 £0 £0 £75	£7,500 £35 for every 12 hours up to £140 £7,500 £1,000 £100 per day up to £3,000 £2,000,000	£0 £35 £0 £0 £0 £0 £0
E C  F  G  H  I  Section K only  K  B  K (ii)  K (iii)  K (iii)  C  K (iii)  P  Section L only  V  C	Curtailment Travel Delay & Abandonment Trip Abandonment (after 24-hours) Missed Departure Hijack Personal Liability Legal Expenses / applies if the appropriate premium Baggage, Money & Travel Docu Overall Limit Single Item Limit Total Valuables Limit	N/A  N/A  N/A  N/A  £1,000,000  £7,500  has been paid an aments £1,000	£125 N/A N/A N/A N/A N/A £125 £125	£25 for every 12 hours up to £100 £3,000 £750 £50 per day up to £1,500 £2,000,000 £15,000	£75 £0 £0 £0 £0 £0 £75 £75	£35 for every 12 hours up to £140 £7,500 £1,000 £100 per day up to £3,000 £2,000,000	£35 £0 £0 £0 £0 £0
T   F   T   G   N   H   H   H   H   H   H   H   H   H	Travel Delay & Abandonment  Trip Abandonment (after 24-hours)  Missed Departure  Hijack  Personal Liability  Legal Expenses / applies if the appropriate premium  Baggage, Money & Travel Docu  Overall Limit  Single Item Limit  Total Valuables Limit	N/A  N/A  N/A  N/A  £1,000,000  £7,500  has been paid and aments £1,000	N/A N/A N/A N/A £125 £125	£25 for every 12 hours up to £100 £3,000 £750 £50 per day up to £1,500 £2,000,000 £15,000	£0 £0 £0 £0 £75	£35 for every 12 hours up to £140 £7,500 £1,000 £100 per day up to £3,000 £2,000,000	£0 £0 £0 £0
F	Trip Abandonment (after 24-hours)  Missed Departure  Hijack  Personal Liability  Legal Expenses / applies if the appropriate premium  Baggage, Money & Travel Docu  Overall Limit  Single Item Limit  Total Valuables Limit	N/A N/A N/A £1,000,000 £7,500 has been paid and aments £1,000	N/A N/A N/A N/A £125 £125	hours up to £100 £3,000 £750 £50 per day up to £1,500 £2,000,000 £15,000	£0 £0 £0 £75 £75	hours up to £140 £7,500 £1,000 £100 per day up to £3,000 £2,000,000	£0 £0 £0
G N H H I P J L Section K only K B K (i) S B J K (ii) C C K (iii) P Section L only	Missed Departure Hijack Personal Liability Legal Expenses / applies if the appropriate premiun Baggage, Money & Travel Docu Overall Limit Single Item Limit Total Valuables Limit	N/A N/A £1,000,000 £7,500 n has been paid an iments £1,000	N/A N/A £125 £125	£750 £50 per day up to £1,500 £2,000,000 £15,000	£0 £0 £75 £75	£1,000 £100 per day up to £3,000 £2,000,000	£0 £0 £35
H H J P J L Section K only K B S S S S S S S S S S S S S S S S S S	Hijack  Personal Liability  Legal Expenses  / applies if the appropriate premiun  Baggage, Money & Travel Docu  Overall Limit  Single Item Limit  Total Valuables Limit	1,000,000 £7,500 has been paid and the state of the state	N/A £125 £125	£50 per day up to £1,500 £2,000,000 £15,000	£0 £75 £75	£100 per day up to £3,000 £2,000,000	£0 £35
P	Personal Liability Legal Expenses / applies if the appropriate premiun Baggage, Money & Travel Docu Overall Limit Single Item Limit Total Valuables Limit	£1,000,000 £7,500 n has been paid an ments £1,000	£125 £125	to £1,500 £2,000,000 £15,000	£75 £75	up to £3,000 £2,000,000	£35
Section K only   K	Legal Expenses / applies if the appropriate premium Baggage, Money & Travel Docu Overall Limit Single Item Limit Total Valuables Limit	£7,500 n has been paid an iments £1,000	£125	£15,000	£75		ļ
K (ii)  K (iii)  Section L only  Section L only	y applies if the appropriate premiun Baggage, Money & Travel Docu Overall Limit Single Item Limit Total Valuables Limit	n has been paid an Iments £1,000		<u> </u>		£25,000	
K (i) C S S T T T S S S S S S S S S S S S S S	Baggage, Money & Travel Docu Overall Limit Single Item Limit Total Valuables Limit	£1,000	d is shown	on the Validation C	ortificato		£35
K (i) C S S T T T S S S S S S S S S S S S S S	Baggage, Money & Travel Docu Overall Limit Single Item Limit Total Valuables Limit	£1,000			erunicate.		
K (i)  S S B J  K (ii)  K (iii)  C C K (iii)  P Section L only C	Overall Limit Single Item Limit Total Valuables Limit	£1,000					
K (ii)  S B J  K (iii)  K (iii)  C C K (iii)  P Section L only C	Total Valuables Limit	£150	£125	£2,000	£75	£2,500	£35
K (ii)  S B J  K (iii)  C C K (iii)  P Section L only C				£300		£350	
K (ii)  K (iii)  C  K (iii)  P  Section L only  V	. 10: 11: / : ::	£250		£400		£500	
K (ii) C C K (iii) P Section L only V	Specified Items (optional)	£450 per item		£450 per item		£750 per item	
K (ii) C  K (iii) P  Section L only  C	Baggage Delay on your Outward Journey (after 12 hours)	£25 for every 12 hours up to £75	£O	£35 for every 12 hours up to £105	£O	£50 for every 12 hours up to £150	£O
K (iii) C C K (iii) P Section L only C	Money & Documents	£450	£125	£650	£75	£1,000	£35
K (iii) P Section L only V	Cash Limit	£150	£125	£250	£75	£500	£35
Section L only  V	Cash Limit (aged under 16)	£50	£125	£50	£75	£50	£35
Section L only  V	Passport & Visa Expenses	£150	£125	£300	£75	£500	£35
С	applies if the appropriate premium	n has been paid an	d is shown o	on the Validation C	ertificate.		
<b>_</b>	Winter Sports Cover	0750		0500	1 075		L 0.7.5
<u> </u>	Owned Equipment Hired total	£350 £250	£125	£500 £400	£75	£600 £450	£35
	Ski Hire	£150	£O	£250	£O	£350	£O
	Ski Pack	£250	£O	£350	£O	£450	£O
Р	Piste Closure	£20 per day up to £200	O£	£30 per day up to £300	O£	£35 per day up to £350	£O
Section M Adv Certificate.	venture, Extreme & Ultimate Packs	only apply if the a	propriate	premium has been	paid and is	shown on the Valid	dation
S	Sports and Activities						
Т	Traveller Pack	Covered		Covered		Covered	
M A	Adventure Pack	Optional		Optional		Optional	
E	Extreme Pack	Optional		Optional		Optional	
	Ultimate Pack	Optional		Optional		Optional	
	kP only applies if the appropriate p		aid and is		ation Certif	ficate.	
N T	Travel Disruption	Optional		Optional		Optional	
О Т	Travel Resumption	£1,500	£125	£1,500	£75	£1,500	£35
		s (Up to a maxin	num of 31	days for anv one	rental pe	riod)	•
А			£O	£1,500	£O	£1,500	£O
	Collision Damage Waiver Exces Accident Damage Excess Reimbursement	£1,500			£O	£500	£O
Q T	Collision Damage Waiver Exces Accident Damage Excess	£1,500 £500	£O	£500			

<sup>\*</sup> **Please note:** The Policy Excess is increased to £750 in respect of medical emergency repatriation by air ambulance or helicopter services within Nepal. (This increased Policy Excess will not be waived if the Excess Waiver option has been purchased and is shown on **your** Validation Certificate).

# **IMPORTANT CONTACT DETAILS**

General Enquiries	Telephone	E-mail
For policy sales, coverage enquiries or amendments	+44 333 999 3140 (from overseas) 0333 999 3140 (within UK)	insurance@truetraveller.com
Claims Service	Telephone	E-Mail
24-hour Emergency Medical	+44 20 7985 7446 (from overseas)	assistance@truetraveller.com
Assistance Service	1800 986 6380 (within USA/Canada)	
	020 7985 7446 (within UK)	
Nepal Helicopter Rescue	+44 20 3769 7851 (from overseas)	nepal@truetraveller.com
All other Travel Claims	+44 20 3439 4285 (from overseas)	claims@truetraveller.com
	020 3439 4285 (within UK)	
Other Useful Contacts	Telephone	Website
Foreign Commonwealth &	+44 20 7008 5000 (from overseas)	www.gov.uk/fcdo
Development Office	020 7008 5000 (within UK)	
Global Health Insurance Card	+44 300 330 1350 (from overseas)	www.ghic.org.uk
	0300 330 1350 (within UK)	
Department of Health - Advice	+44 20 7210 4850 (from overseas)	www.dh.gov.uk/travellers
	020 7210 4850 (within UK)	
Medicare Australia	+61 132 011 (from overseas)	www.humanservices.gov.au
	0800 1695 865 (within UK)	

# IMPORTANT INFORMATION

This policy wording, **your** Validation Certificate and any **medical screening endorsements** form a contract of insurance between **you** (the insured named on the Validation Certificate) and **us**, Inter Partner Assistance S.A. and explains the definitions, conditions, exclusions, and limits of cover **we** provide. This contract is only valid when **you** have a valid Validation Certificate and have paid the appropriate premium.

It is very important that **you** carefully read the terms, conditions, and exclusions of this insurance to ensure that **you** are properly covered for **your** planned trip.

Please check the details of **your** Validation Certificate and send any general enquiries by email to **insurance@truetraveller.com** or telephone 0333 999 3140 (within UK) or +44 333 999 3140 (from overseas).

### **Who is Covered**

The persons insured as named on the Validation Certificate.

Cover is only available to:

i. Residents or **Citizens** of the United Kingdom, The Channel Islands, and Isle of Man. **You** must have a permanent residential address in, unrestricted right of entry to, and access to long-term medical care in particularly if you require to be medically repatriated under this policy, **your Country of Residence**.

# **What is Covered**

You are covered for:

1. Holidays, leisure trips and business travel, but excludes cover for persons permanently residing outside of the United Kingdom, the Channel Islands, and Isle of Man.

Single Trip Policies are for continuous one-off trips to European & Worldwide destinations outside of your Country of Residence. For travel within your Country of Residence, cover is available if the trip is for a minimum of 2 nights and have pre-booked transport or accommodation. Note Section A (Medical & Repatriation Expenses), Section B (Cash in Hospital) and Section K (iii) (Passport & Visa Expenses) shall be inoperable when travelling within your Country of Residence.

For One Way Travel, all cover ceases on arrival at **your** final destination, where **you** then intend to reside at permanently.

Multi-Trip Policies cover multiple trips from and back to your Country of Residence for a whole year. For travel within your Country of Residence, cover is available if the trip is for a minimum of 2 nights and have pre-booked transport or accommodation. Note Section A (Medical & Repatriation Expenses), Section B (Cash in Hospital) and Section K (iii) (Passport/Visa & Driver's Licence Expenses) shall be inoperable when travelling within your Country of Residence.

One Way travel is not available on Multi-Trip policies. **You** cannot take out Multi-Trip cover if **you** have already left **your Country of Residence**.

- 2. Trips that include paid manual work when **you** take out an Adventure Pack if **you** have paid the appropriate additional premium.
- 3. Trips within the Geographical Region as shown on your Validation Certificate.

**You** must observe travel advice provided by the UK Foreign, Commonwealth & Development Office (FCDO). No cover is provided under any section of this policy if **you** choose to travel to a destination to which the FCDO has advised against all or all but essential travel unless **we** agree in writing to include. Travel advice can be obtained from the FCDO. Website: **www.gov.uk/foreign-travel-advice** 

- 4. Participating in Sports and Activities as detailed in Section M under the Traveller Pack
- 5. Participating in Sports and Activities as detailed in Section M when you have selected the Adventure,

Extreme or Ultimate Pack and paid the appropriate additional premium. **You** are not covered for **hazardous activities**, other than as specified, unless **we** agree in writing to include them and it is shown on **your** Validation Certificate.

6. **Winter Sports** activities if **you** have paid the appropriate premium and it is shown on **your** Validation Certificate

### **Limits of Cover**

The limits of cover under each section are shown on the Summary of Cover and apply to each insured person. **Your** Validation Certificate shows the level of cover chosen, **your** policy coverage period, the applicable sections of the policy and cover limits, the people who are covered and if **you** have upgraded **your** cover to include Winter Sports, Sports and Activities or specified **your** personal belongings.

#### **Policy Excess**

This policy has an excess as shown on the Summary of Cover which will be deducted in the event of a claim under certain sections. The excess is applicable per person, per policy section, to a maximum of two excesses being charged per insured incident, and can be summarised as follows:

Medical and Repatriation Expenses; Personal Liability; Legal Expenses	£125/£75/£35
Cash in Hospital, Accidental Disability, Delayed Baggage, Travel Delay,	No Excess Applicable
Avalanche Closure, Cancellation Loss of Deposit	
Nepal Air Ambulance/Helicopter Services	£750

**NOTE**: An excess waiver may apply to this policy if **you** have paid the appropriate premium and it is shown on the Validation Certificate. A higher excess of £750 applies in respect of medical emergency repatriation by air ambulance or helicopter services being required within Nepal. (This increased policy excess will not be waived if the excess waiver option has been purchased and is shown on **your** Validation Certificate)

If **your** return **home** is unavoidably delayed for an insured reason, cover will be extended free of charge for up to 31 consecutive days as a maximum from the expiry date listed on **your** Validation Certificate without an additional premium being charged.

If you are hijacked, cover shall continue whilst you are subject to the control of the person(s) or their associates making the hijack during the period of insurance for a period not exceeding twelve months from the date of the hijack.

#### When cover starts and ends

Single Trip Policies. Cover under Section D – Cancellation starts from the date of issue stated on your Validation Certificate and ends when you leave your home to commence travel. Cancellation cover shall only apply for a period of up to 12 months prior to the trip departure date stated on your Validation Certificate. Cover under all other sections of the policy starts when you leave your home to commence your trip. All cover ends on your return home, within 24-hours of your return to your Country of Residence, at the expiry of the Period of Insurance, or upon taking up permanent residency in a country other than your Country of Residence, whichever occurs first.

If you want to return home during your trip for any reason that does not give rise to a claim under this policy (except if you are claiming under Section O Travel Resumption), and you then wish to recommence your trip, you can do so at your expense (unless claiming under Section O Travel Resumption) under the same policy before the end date shown on your Validation Certificate. If you return home early, this does not change the end date or duration of your policy. Cover ceases for your visit until you resume your trip overseas. You are not covered for any incidents or treatment while in your Country of Residence.

If you end your trip early for any reason, there is no refund for any unused part of your policy.

#### Buying after you have left home

If cover has been taken out after **you** have left **home** to commence **your** trip, there is a waiting period of 48 hours before the insurance takes full effect. During this 48-hour period, cover under Section A is limited to serious injury caused in an accident that can be verified by an **Independent Witness**. Cover excludes any illness or minor injury existing or occurring during this time and will therefore be considered a pre-existing **medical condition**. Cover for Section K is also excluded during this period. The policy endorsement "Already Traveling" must be shown on **your** validation certificate.

**NOTE**: If **you** buy this policy after **you** have left **your Country of Residence**, there is no cover provided for Cancellation (Section D) of **your** trip

Multi-Trip Policies. For True Value and Traveller Policies, the maximum duration of any one trip shall not exceed 30 days. For Traveller Plus Policies, the maximum duration of any one trip shall not exceed 70 days. For any trip known to be exceeding the maximum duration, the entire period of travel including the first 70/30 days will not be insured.

Cover may be granted for **Winter Sports** up to a total of 30 days in all during the period of this insurance subject to the appropriate additional premium having been paid and shown on **your** Validation Certificate. Cover under Section D – Cancellation starts from either the date of issue shown on **your** Validation Certificate, or the booking date of each individual trip to which this insurance relates, whichever is later.

Cover under all other sections of the policy starts from start date shown on your Validation Certificate, or the time you leave your home to commence your trip on the departure date of each individual trip to which this insurance relates, whichever is the latter. Cover for each trip ends on your return home or within 24-hours of your return to your Country of Residence, whichever is first. All cover under the Policy ends on the expiry of the Period of Insurance as shown on your Validation Certificate.

# **Cancellation Rights: Your cooling off period**

If your cover does not meet your requirements, please notify True Traveller in writing within 14 days of receiving your policy for a refund of your premium. Any premium already paid will be refunded to you providing you have not travelled, no claim has been made or is intended to be made and no incident likely to give rise to a claim has occurred, less any fees and charges. Please note that your cancellation rights are no longer valid after this initial 14-day period, however discretion may be exercised in exceptional circumstances such as bereavement or a change to the policy resulting in us declining to cover your medical conditions. If you have taken out this policy after you have left your Country of Residence, the 14-day cooling off period does not apply.

# **Disclosure of Facts**

There is certain information that **we** need to know as it may affect the terms of the insurance cover **we** offer **you**. **You** must, to the best of **your** knowledge, have given accurate answers to the questions **you** have been asked when buying this policy. If **you** have not answered the questions truthfully it could result in **your** policy being invalid and that could leave **you** with no right to make a claim.

If **you** think that any of **your** answers might be incorrect, or if **you** need any help, please contact True Traveller as soon as possible and **we** will be able to confirm if **we** are still able to offer **you** cover under this policy.

#### **Medical Conditions**

This insurance contains restrictions regarding pre-existing **medical conditions** in respect of the people travelling and of other people upon whose health the trip depends.

**You** are advised to read the Health Declaration contained in this policy. If **you** are in any doubt as to whether a **medical condition** is covered, **you** must contact The True Traveller on **+44 333 999 3140** (from overseas) or **0333 999 3140** (within UK).

**We** will not cover medical problems referred to in the Health Declaration unless this was declared to **us** and accepted by **us** in writing.

# **HEALTH DECLARATION**

This True Traveller Policy contains health restrictions, which **you** must read in order to comply with the terms of this policy. If **you** do not comply, **we** may cancel the policy, decline a claim or reduce the amount of any claim payment.

### **Exclusions**

If, at the time of taking out this policy, or when booking a trip, any of the following apply to **you**, this policy will not cover any related claim against Section A – Medical and Repatriation Expenses, Section D – Cancellation and Section E – Curtailment.

- 1. You are travelling against the advice of a **medical practitioner** (or would be travelling against the advice of a **medical practitioner** had **you** sought his/her advice).
- 2. You are travelling in order to get medical treatment, tests or consultations abroad.
- 3. You have been diagnosed as having a terminal illness.
- 4. You are receiving or waiting for medical tests or treatment for any **medical condition** or set of symptoms which have not been diagnosed.

### **Medical Questions**

**You** must advise **us** to the best of **your** knowledge if any of the following apply to **you**. If **you** say 'YES' to any of the following questions, **you** must complete the online medical screening as part of **your** online purchase.

- 1. **You** have, in the last two years, suffered from any medical or psychological conditions and for which **you** have received treatment, been prescribed medication, or attended any consultations, investigations, or check-ups.
- 2. **You** have ever suffered from or received treatment, investigations or test for heart attack, angina, chest pain, any other heart condition, any form of stroke, mini-stroke or brain haemorrhage.

Failure to declare any **medical conditions** could leave **you** with no right to make a claim and may mean that **you** travel with insufficient cover.

For an immediate relative, close business associate, a travelling companion or someone you plan to stay with on your trip, who is not insured but, on whose health, your trip may depend

This policy will not cover any claims under Section D – Cancellation, Section E – Curtailment or Section O – Travel Resumption, that results directly or indirectly from any **medical condition you** knew of at the time of taking out this insurance policy or booking a trip. This affects:

- An immediate relative who is not travelling and not insured under this policy;
- A travelling companion who is not insured under this policy;
- A close business associate; or
- Someone you plan to stay with on your trip.

Subject to the policy terms and conditions, these claims may only be considered if the patient's **medical practitioner** is prepared to state that at the date **you** took out this policy or of booking a trip, he/she would have seen no substantial likelihood of his/her patient's condition deteriorating to such a degree that **you** would need to cancel or **curtail your** trip. If the **medical practitioner** will not confirm this, **your** claim may not be covered. In the event of a claim the **medical practitioner** must complete the medical certificate on the claim form.

### **Medical Screening Endorsements**

When we have agreed to provide cover following a medical screening, we will issue a medical screening endorsement. This endorsement will detail the premium which you have agreed to pay to include the specified medical condition(s) for cover under this policy and the period the endorsement is applicable for. Please note that the medical screening endorsement will form part of this contract along with the Validation Certificate.

By completing medical screening, this means **your** travel insurance may cover the cost of any emergency medical treatment which may be required due to a change or deterioration in **your medical condition**. It does not mean **your** travel insurance will pay for medication or treatment which may be required to be continued during your trip to control any **medical condition you** screen for, for example the costs of Inhalers if **you** suffer from Asthma, or the cost of **your** regular check-ups **you** may need to have to monitor Diabetes.

### **Change in Health**

If any of the reasons stated in the Health Declaration above occur between the date the policy is issued and before the first day of **your** trip, including prior to booking any individual journey in respect of a Multi Trip Policy, **you** must contact The True Traveller on **+44 333 999 3140** (from overseas) or **0333 999 3140** (within UK).

**You** must advise **us** to the best of **your** knowledge about anything which **you** think could give rise to a claim, particularly where **your** own health is concerned. **We** will not cover medical problems referred to in the Health Declaration unless this is declared to **us** and accepted by **us** in writing.

We will then decide if we can provide you with cover on existing terms. We may ask you to pay an additional premium, add special conditions to the policy or exclude cover for that medical condition. If we cannot provide cover, or if you do not want to pay the additional premium, you can make a cancellation claim if you have booked and paid for a trip that you have not yet made. Alternatively, you can cancel your policy and we will send you a pro-rata refund.

**We** reserve the right not to extend the policy where the booked trip could be detrimental to **your** wellbeing. Failure to contact **us** could leave **you** with no right to make a claim and may mean that **you** travel with insufficient cover.

#### **Pregnancy**

As is consistent with the treatment of all pre-existing **medical conditions** under the policy, the policy does not intend to cover the normal costs or losses otherwise associated with pregnancy (including multiple pregnancy) or childbirth. This includes, but is not limited to, delivery by caesarean section or any other medically or surgically assisted delivery which does not cause medical complications. The policy does, however, cover **you** should complications arise with **your** pregnancy due to accidental bodily injury or unexpected illness which occurs while on **your** trip excluding costs incurred during the period between 12 weeks before and 12 weeks after the estimated date of delivery.

### This is not a Private Medical Health Insurance Policy

**We** will pay for private treatment only if there is no appropriate reciprocal health agreement in existence and no public service available and **we** reserve the right to organise a transfer from a private medical facility to a public medical facility where appropriate.

In the event of medical treatment becoming necessary for which reimbursement will be sought, **we** or **our** representatives will require unrestricted access to all **your** medical records and information.

# **DEFINITIONS**

Whenever the following words appear in **bold** in this policy, they will always have these meanings:

**Appointed adviser** the solicitor or appropriately qualified person, firm or company, including **us**, who is chosen to act for **you** in **your** claim for compensation.

**Citizen** A Passport Holder who has a permanent residential address and unrestricted right of entry to that country.

Close Business Associate Any person whose absence from business for one or more complete days at the same time as your absence prevents the effective continuation of that business.

Couple The lead insured, spouse (or co-habiting partner) named on the Validation Certificate.

Country of Residence United Kingdom, the Channel Islands or the Isle of Man.

Curtail/Curtailment Return early to home before the scheduled return date.

**EEA**: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Liechtenstein, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden.

**Expert Witness** A person who testifies in a court of law because they have specialist knowledge in a field or area of expertise, entitling that person to testify about their opinion on the meaning of facts.

**Family You** and **your** spouse (or co-habiting partner) and **your** financially dependent children, aged 18 years or less in full time education, at the inception date of **your** policy all normally resident with **you** and named on the Validation Certificate.

**Hazardous Activities** Participating in any sport or activity which could pose an increased risk or danger to **you** and may require **you** to take additional precautions to avoid injury or claim (a list of included sports activities covered by this insurance are shown in Section M).

**Hijack/Hijacked** The unlawful seizure or wrongful exercise of control of an aircraft or conveyance in which **you** are travelling as a passenger.

Home Your residential address in your Country of Residence.

**Immediate Relative(s)** The person that **you** live with, in a relationship for at least 6 months at the same address, whether married or cohabiting (as spouses) regardless of gender; **your** children (including step, fostered, or adopted children), grandchildren, parents, grandparents, brothers, sisters, parents-in-law, sons/daughters in-law and brothers/sisters-in-law. **You** may be required to demonstrate the existence of the relationship.

**Independent Witness** shall mean a third party who is not directly involved with the insured event and is not related or does not have any connection to any of the parties involved in the insured event. Any information provided by the Independent Witness must not be biased towards any of the parties involved within **your** claim. Unless the Independent Witness can provide a clear, accurate and unbiased account of the Insured Event, any information provided from them may be discounted.

**Legal action** Work carried out to support a claim that **we** have agreed to. This includes settlement negotiations, hearings in a civil court, arbitration and any appeals resulting from such hearings other than an application by **you**:

- to the European Court of Justice, European Court of Human Rights or similar international body; or
- to enforce a judgement or legally binding decision.

**Legal costs** Fees, costs and expenses (including Value Added Tax) which **we** agree to pay for **you** in connection with **legal action**. Also, any costs which **you** are ordered to pay by a court or arbitrator (other than damages, fines and penalties) or any other costs **we** agree to pay.

Loss of limb Physical, permanent and total loss of use at or above the wrist or ankle.

Loss of sight the complete, irrecoverable and irremediable loss of all sight in one or both eyes.

Medical Condition Any medical or psychological illness, disease, sickness or injury.

**Medical Practitioner** A registered practising member of the medical profession who is not travelling with **you**, who is not related to **you** or to any person with whom **you** are travelling or intending to stay with.

**Medical screening endorsement(s)** An endorsement issued by the appointed medical screening service who are authorised to act on behalf of **us**.

**Money** Cash, any legal currency, travellers' cheques, cheques, postal and money orders held by **you** for social domestic and/or pleasure purposes.

**Non-Manual/Clerical Work** Means any professional, clerical or administrative work or working as a classroom teacher, classroom assistant, au pair, child-minder, bar and restaurant work.

**Permitted Manual Work** Means general farm work and fruit picking. This includes driving tractors and other similar farm vehicles so long as **you** comply with any appropriate license requirements; doctor, nurse, midwife and care work (including medical elective trips but not dental elective); light building and DIY e.g. painting, decorating or basic construction work using light power tools only. Permitted Manual Work is not covered if it involves the use of plant/trade/industrial machinery, non-domestic power tools or working at a height of over 2 metres.

Permanent total disablement Disablement as a result of which there is no business or occupation, which you

can attend, and to which having lasted for a period of 12 months, is, at the end of that period, beyond hope of improvement.

Personal Accident Accidental bodily injury caused solely and directly by outward violent and visible means.

**Personal quarantine** A period of time where **you** are suspected of carrying an infection or have been exposed to an infection and as a result are confined or isolated on the orders of a medical professional or public health board in an effort to prevent disease from spreading.

**Personal baggage Your** suitcases (or similar luggage carriers) and their contents usually taken on a trip, together with articles worn or carried by **you** for **your** individual use during **your** trip. (Not including any specified items unless shown on **your** Validation Certificate).

**Public Transport** Any fare paying passenger on the following regular scheduled forms of transport: train, coach, bus, aircraft and sea vessel.

**Redundancy** Any person being declared redundant, who is under 65 years and under the normal retiring age for someone holding that person's position, and who has been employed for 2 continuous years with the same employer at the time of being made redundant.

**Regional quarantine** Any period of restricted movement or isolation, including national lockdowns, within **your country of residence** or destination country imposed on a community or geographic location, such as a county or region, by a government or public authority.

Scuba Diving Conventional scuba diving only. We do not cover solo diving, cave diving, any dive which takes you below your current qualification limit, any dive for gain or reward, or any dive below 18 metres under any circumstances (40 metres Adventure Pack and 50 metres Extreme Pack if the appropriate additional premium has been paid). You are limited to your current qualification limit, unless accompanied by a qualified instructor, taking part in a recognised course requirement of your chosen Diving association. You must hold a current B.S.A.C. (British Sub Aqua Club) or equivalent internationally recognised qualification and follow their relevant Association, Club or Confederation rules and guidelines at all times, or you must only dive under the constant supervision of a properly licensed Diving Instructor and follow their rules and instructions at all times. No air travel is permitted within 24-hours of scuba diving.

**Single Parent Family You** and **your** financially dependent children aged 18 years or less and in full time education, at the inception date of **your** policy, all normally resident with **you** and named on the Validation Certificate.

**Travel and Accommodation Costs** Excursions, park tickets, booking fees, administration fees, change fees, credit card fees, seat selections, check-in fees, baggage fees, car parking expenses, car hire, tuition/course fees, airport hotel. Ski hire, ski school and lift pass for **Winter Sports** trips, when the appropriate premium has been paid and is shown on **your** Validation Certificate.

**Unattended** When **you** cannot see and/or are not close enough to **your** property or vehicle to prevent unauthorised interference or theft of **your** property or vehicle.

**Valuables** Watches (including Smart Watches), furs, jewellery, photographic equipment, binoculars, telescopes, drones, computers and or accessories (including laptops, games & gaming consoles), PDA's and tablet devices (including iPads and eBooks) video cameras, audio visual equipment, musical instruments, televisions, sports and leisure equipment (e.g. SCUBA equipment, surf boards, tennis racquets), mobile phones and satellite navigation devices.

**Volunteering** Means **your** participation in community or wildlife-based conservation/project work when arranged by a professional organisation. This may include caring, teaching or nursing. It may also cover community/charity based supervised building/renovation projects or other **Permitted Manual Work**, provided the activity does not involve the use of plant/trade/industrial/agricultural machinery (other than tractors), non-domestic power tools or working at a height of over 2 metres.

We/us/our The service provider arranged by Inter Partner Assistance S.A.

**Winter Sports** Conventional skiing/snowboarding only. **We** do not cover any competition, free-style skiing, ski jumping, ski-flying, ski acrobatics/aerials, ski stunting, parapenting, use of bobsleighs or skeletons, repetitive travel in ski run helicopters.

Winter Sports Equipment Skis, bindings, ski boots, ski poles and snowboards.

You/your each insured person as shown on your Validation Certificate.

# **GEOGRAPHICAL AREAS**

### **Area 2: EUROPE**

Europe means the continent of Europe West of the Ural Mountains, the United Kingdom, the Isle of Man, the Channel Islands, Iceland, Ireland, Jordan, Madeira, the Canary, Azores, Mediterranean Islands as well as all countries bordering the Mediterranean.

### **Area 3: AUSTRALIA and NEW ZEALAND**

- (a) For any period of cover purchased Area 3 can include a 48-hour stop-over anywhere in the World for both outward and return travel.
- (b) If the period of cover purchased is two months or more Area 3 can include a maximum of 7 days anywhere in the World.
- (c) If the period of cover purchased is six months or more Area 3 can include a maximum of 14 days anywhere in the World.

Should **you** require medical treatment in Australia, residents of the United Kingdom MUST enrol with MEDICARE.

# **Area 4: WORLDWIDE EXCLUDING NORTH AMERICA**

North America means the USA & Canada

- (a) For any period of cover purchased Area 4 can include a 48-hour stop-over anywhere in the world for both outward and return travel.
- (b) If the period of cover purchased is two months or more Area 4 can include a maximum of 7 days anywhere in the World.
- (c) If the period of cover purchased is six months or more Area 4 can include a maximum of 14 days anywhere in the World.

#### **Area 5: WORLDWIDE**

Includes travel to the USA and Canada.

# **SECTION A. MEDICAL & REPATRIATION EXPENSES**

# For emergencies abroad call us first

For medical emergencies: if **you** are taken to hospital as an emergency by ambulance or other emergency service, **you** will need to make sure that **you** or a travelling companion call **us** within 48 hours. The only exception to this 48-hour notification requirement is if there are extreme circumstances which prevent such notification within 48 hours, in which case **we** should be contacted as soon as practically possible.

For non-urgent medical help: if **you** need to see a doctor or need to go to Accident & Emergency or a clinic, call **us** first. This way **we** may be able to help **you** locate the safest and most appropriate source of treatment.

In either case you may reverse the call charges or ask to be called back.

If your outpatient treatment is likely to cost more than £500 or you are admitted into hospital abroad, someone must call the 24-hour Emergency Medical Assistance Service helpline as soon as possible. If you have to cut short your trip under Section A (Medical & Repatriation Expenses) or Section E (Curtailment), the 24-hour Emergency Medical Assistance Service must authorise this in advance. Failure to contact the 24-hour Emergency Medical Assistance Service may mean that we are not able to provide cover, or we may reduce the amount we pay for your medical treatment, or additional travel expenses.

Where **you** have a valid claim, and **your** medical expenses exceed £500 **we** will look to settle the bill directly with the medical provider where possible.

For non-medical emergencies: if something happens during **your** trip, and **you** need **our** help, please contact **us**. If **we** identify that the event causing the emergency is not covered by this policy, **we** will still try to assist **you** in resolving the problem, but it would be at **your** own cost.

The 24-hour Emergency Assistance Service telephone number is: +44 20 7985 7446 (from overseas) or 1800 986 6380 (within USA/Canada). If **you** need Helicopter Rescue in Nepal, **you** must call +44 20 3769 7851.

PLEASE NOTE: This is a travel insurance policy and not private medical insurance.

**NOTE:** A UK Global Health Insurance Card (GHIC) gives **you** the right to access state-provided healthcare during a temporary stay in the European Union (EU). This may entitle **you** to free or reduced cost healthcare in the EU. **You** can use a GHIC to get "necessary healthcare" from state services when **you** are visiting an EU country. Necessary healthcare means healthcare, which becomes medically necessary during **your** stay, and **you** cannot reasonably wait until **you** are back in the UK to get it. To obtain a card you can apply online at https://services.nhsbsa.nhs.uk/cra/start.

**You** may also be covered for necessary healthcare when **you** visit some non-EU countries. Find out more at the www.gov.uk/foreign-travel-advice foreign travel advice pages. If **you** are travelling to Australia and require medical treatment, **you** must enrol with Medicare.

In the event of medical treatment becoming necessary for which reimbursement will be sought, **we** or **our** representatives will require unrestricted access to all **your** medical records and information.

Repatriation by specially equipped air ambulance will be available where medically necessary.

#### Covered

You are covered up to the limit as shown on the Summary of Cover for costs incurred

- 1. normal and necessary receipted expenses of emergency medical or surgical treatment incurred outside your Country of Residence, including specialists, hospital, nursing attendance charges, inpatient physiotherapy, decompression chambers, ambulance /necessary transport charges (including helicopter rescue/air ambulance charges if necessary on medical grounds and authorised by the 24-hour Emergency Medical Assistance Service). We reserve the right to repatriate you to your Country of Residence when in the opinion of the 24-hour Emergency Medical Assistance Service you are fit to travel.
- 2. emergency dental treatment overseas which the dentist treating **you** certifies in writing is solely required for the immediate relief of sudden and acute onset of pain, limited to the amount shown on the Summary of Cover;
- 3. outpatient physiotherapy treatment, limited to the amount shown on the Summary of Cover, following **your** sudden illness or injury overseas where:
- a) treatment is prescribed by a medical practitioner; and
- b) treatment is given by a registered and licenced practitioner.
- 4. reasonable and necessary additional accommodation (room only) and travelling expenses **home** (Economy Class), including those of one relative or friend if **you** have to be accompanied **home** on the advice of the attending **medical practitioner** or if **you** are a child and require an escort **home**;
- 5. reasonable travel and accommodation expenses (room only) for one of **your immediate relatives** to travel to be with **you** if their presence is considered medically necessary on the advice of the treating **medical practitioner**.
- 6. the cost of taxi fares, for travel to or from hospital relating to **your** admission, discharge, attendance for outpatient treatment, or appointments, or for collection of medication prescribed by the hospital only.

- 7. the cost of telephone calls to the 24-hour Emergency Medical Assistance Service notifying and dealing with the emergency, or any costs incurred by **you** when **you** receive calls on **your** mobile device from the 24-hour Emergency Medical Assistance Service.
- 8. in the event of death, reasonable cost for the conveyance of the body or ashes to **your Country of Residence** (the cost of burial or cremation is not included), or local funeral expenses abroad limited the amount shown in the Summary of Cover.
- 9. Up to the limits shown in the Summary of Cover for costs that are charged to **you** by a government, regulated authority or private organisation connected with finding and rescuing **you**, following an injury or where weather or safety conditions are such that it becomes absolutely necessary for the local authorities or professional guide to instigate a search and rescue operation. This does not include the cost of medical evacuation (by the most appropriate transport) for a medical emergency, which is covered under Section A MEDICAL EXPENSES.

### **Not Covered**

- 1. any expenses incurred within, or after you have returned to your Country of Residence.
- 2. the policy excess shown on the Summary of Cover. This applies to each person making a claim;
- 3. any sums which can be recovered from another source, or which are covered under any National Insurance scheme or reciprocal health arrangement;
- 4. any medical or repatriation costs greater than £500 which have not been authorised by the 24-hour Emergency Medical Assistance Service;
- 5. any expenses incurred for illness, injury or treatment required because of:
- a) surgery or medical treatment which in the opinion of the attending **medical practitioner** and the 24-hour Emergency Medical Assistance service can be reasonably delayed until **your** return **home**;
- b) medication and or treatment which at the time of departure or start date of **your** policy cover, whichever is the later, is known to be required or to be continued during **your** trip, to include recommended vaccines or inoculations;
- c) undertaking an activity against the advice of a medical practitioner;
- d) a voluntary termination of pregnancy, where there is no accompanying pregnancy complication.
- 6. if the Health Declaration is not complied with and **you** do not have an appropriate **medical screening endorsement** from the Medical Screening Service (see Health Declaration);
- 7. the cost of any routine or elective (non-emergency) treatment or surgery, including specialist review or referral, exploratory tests, treatment or surgery which are not directly related to the injury, which necessitated **your** admittance to hospital;
- 8. dental treatment not required for the immediate relief of acute pain, such as for example major dental work like crowns, bridges, dental prostheses, treatment involving the use of precious metals and cosmetic dentistry.
- 9. claims that are not confirmed as medically necessary by the attending **medical practitioner** or the 24-hour Emergency Assistance Service;
- 10. any additional hospital costs arising from single or private room accommodation unless medically necessary;
- 11. any claim arising from **your** failure to obtain any recommended vaccines, inoculations, or medications prior to **your** trip. Consideration will be given where **you** were medically unable to have any vaccination which is supported by **your** medical records.
- 12. cosmetic surgery, unless considered necessary as a medical emergency and agreed with the 24-hour Emergency Assistance Service;
- 13. claims where you have not followed local safety advice and recommendations at the time.
- 14. claims where **you** have knowingly endangered either **your** own life or those in **your** party if **your** experience or skill levels fall below those required to participate in **your** activity, particularly when **you** are not with a professionally qualified guide or instructor.
- 15. for costs other than **your** proportion of a search and rescue operation.
- 16. for costs beyond the point where **you** are recovered by search and rescue or the time where the search and rescue authorities advise that continuing the search is no longer viable.
- 17. claims relating to an Adventure, Extreme, Ultimate Activity Pack or **Winter Sports** activity where the appropriate applicable additional premium has not been paid and detailed on **your** Validation Certificate.
- 18. further costs **you** incur if **we** wish to bring **you** back **home** early, but **you** refuse (where in the opinion of the treating **medical practitioner** and the 24-hour Emergency Assistance Service **you** are fit to travel);
- 19. treatment and services provided by a hospital, private clinic, health spa, consultancy services, counselling services and rehabilitation centre, unless **we** have agreed that this is medically necessary.
- 20. anything mentioned in the General Exclusions.

# SECTION B. HOSPITAL CASH ALLOWANCE

This benefit is payable only if the hospital admission has been covered under the terms of Section A Medical & Repatriation Expenses. The benefit payment is intended to contribute towards miscellaneous expenses that may be incurred whilst **you** are an in-patient (e.g. **your** taxi fares, **your** internet access and **your** 

telephone calls while in hospital). This policy does not provide compensation for loss of holiday/enjoyment.

### **Covered**

- 1. **You** are covered up to the limit as shown on the Summary of Cover of payment of the amount shown for each complete 24-hours **you** spend in hospital as the result of being admitted as an inpatient to a registered hospital overseas. This is in addition to any medical expenses incurred under Section A Medical & Repatriation Expenses.
- 2. **You** are covered if **you** suffer bodily injury as a result of mugging, the benefit under this section is increased to the limit as shown on the Summary of Cover. **You** must obtain a police report of the mugging incident which necessitated **your** admission into hospital.

#### **Conditions**

In the event of a claim, **you** must provide documentation confirming the date and time of admission and discharge.

### **Not Covered**

Anything mentioned in the General Exclusions.

# **SECTION C. ACCIDENTAL DISABILITY**

#### Covered

You are covered up to the limit as shown on the Summary of Cover in respect of loss of limb, loss of sight, permanent total disablement, or death, if you have a personal accident during your trip which, up to 12 months from the date of the accident, is the sole cause of your consequent disability.

We will only pay the benefit for permanent total disablement if your medical practitioner confirms that you cannot do any work for 12 months after the date of the accident and there is little or no hope of improvement. You must accept and agree to examination by our doctor or specialist should we consider it necessary to validate the claim.

**NOTE**: The **permanent total disablement** benefit will not apply if **you** are aged under 16 years at the time of the accident.

#### **Not Covered**

- 1. any claim for loss or disablement caused directly or indirectly by:
  - a) disease or any physical defect or illness; or
  - b) an injury which existed prior to the beginning of the trip;
- 2. any claim not resulting from an unintentional accident;
- 3. anything mentioned in the General Exclusions.

# SECTION D. CANCELLATION

**NOTE:** Cancellation cover under this section is only available before **you** leave **home**. If the policy is purchased after **you** have left **your home**, there is no cover provided for Cancellation of **your** trip under this section. Also refer to Section E Curtailment.

#### **Covered**

You are covered up to the limits as shown on the Summary of Cover for Travel and Accommodation Costs which were cancelled before you were due to leave your home in your Country of Residence for which you have paid or are contracted to pay, providing the cancellation is necessary and unavoidable (and is not as a result of mere disinclination to begin your trip as arranged) due to any cause listed below occurring during the Period of Insurance:

- 1. injury, serious illness, death of:
- a) you;
- b) any person with whom you are intending to travel;
- c) any person with whom **you** are intending to stay;
- d) an immediate relative of yours;
- e) a close business associate of yours;

NOTE: Under a, b & d above only, this will include being diagnosed with COVID-19.

- 2. you being called for jury service, attending court as a witness (but not as an expert witness);
- 3. redundancy for you or for any person with whom you had arranged to travel;
- 4. your home or place of business being made uninhabitable, within 14 days of travel;
- 5. the police asking to see **you** after theft from **your home** which occurred within 14 days of travel;
- 6. **your** previously agreed leave being cancelled where **you** are a member of the armed forces, police or government security staff, and compulsory **personal quarantine**.

The following cover only applicable to TRAVELLER PLUS policies

7. The Travel Advice Unit of the Foreign, Commonwealth & Development Office (FCDO) or other regulatory authority in a country in which **you** are travelling advising against all travel to the area **you** are travelling to/in, but not including where advice is issued due to a pandemic or **regional quarantine**, providing the advice came into force after **you** purchased this insurance or booked the trip (whichever is the later) and was within 21 days of **your** departure date.

#### **Conditions**

**You** must comply with the terms of contract of the travel agent, tour operator or provider of transport, accommodation and/or the course organiser and seek financial compensation and a refund of **your** tickets, expenses and fees from them in accordance with the terms of the contract and where applicable exercise **your** rights under consumer protection legislation to obtain a refund and / or compensation.

NOTE: Check the General Conditions & Claims Procedure for further details.

#### **Not Covered**

- 1. the policy excess shown on the Summary of Cover of any incident. The excess is applicable per person, per policy section, to a maximum of two excesses being charged per insured incident;
- 2. medically related claims where a certificate has not been obtained from a **medical practitioner**, confirming that cancellation of the trip is medically necessary;
- 3. additional costs as a result of not immediately telling the travel agent, tour operator or provider of transport or accommodation that **you** need to cancel the trip. **We** will only pay the cancellation charges that would have applied at the time **you** knew it was necessary to cancel **your** trip, if a valid claim exists;
- 4. any costs recoverable from elsewhere. For example, payments recoverable from **your** credit or debit card issuer;
- 5. anything caused directly or indirectly by prohibitive regulations by the Government of any country;
- 6. if the Health Declaration has not been complied with and **you** do not have an appropriate **medical screening endorsement** from the Medical Screening Service (see the Health Declaration)
- 7. any costs incurred on behalf of other party members who are not specified on **your** Validation Certificate;
- 8. any costs claimed under another section of this policy;
- 9. any costs as a result of **your** failure to obtain the required passport, medical tests/documents, visa or vaccination documentation;
- 10. your carriers' refusal to allow you to travel for whatever reason;
- 11. Any claim where **you** cannot travel or choose not to travel because the Foreign, Commonwealth & Development Office (FCDO) (or any other equivalent government body in another country) advises against travel due to a pandemic.
- 12. Any unused or additional costs incurred by **you** which are recoverable from:
- The providers of the accommodation, their booking agents, travel agent or other compensation scheme.
- The providers of the transportation, their booking agents, travel agent, compensation scheme or Air Travel Organisers' Licensing (ATOL).
- Your credit or debit card provider or PayPal.
- 13. Any claim due to a regional quarantine.
- 14. anything mentioned in the General Exclusions.

# **SECTION E. CURTAILMENT**

**You** must contact the 24-hour Emergency Assistance Service immediately in the event of a serious injury, illness or hospitalisation, or where repatriation has to be considered. Their authorisation must be obtained before **you** cut **your** trip short. The 24-hour Emergency Assistance Service telephone number is: +44 20 7985 7446 (from overseas) or 1800 986 6380 (within USA/Canada)

### **Covered**

You are covered up to the limit as shown on the Summary of Cover for the value of the portion of your Travel and Accommodation Costs calculated from the date of your early return to your home in your Country of Residence or the date of your hospitalisation as an inpatient, which have not been used and which were paid by you. You are also covered for reasonable additional travelling expenses (Economy Class) incurred by you for returning to your home earlier than planned due to a cause listed below.

1. injury, serious illness, death of:

- a) you;
- b) any person with whom **you** are intending to travel;
- c) any person with whom you are intending to stay;
- d) an **immediate relative** of **yours**;
- e) a close business associate of yours;

NOTE: Under a, b & d above only, this will include being diagnosed with COVID-19.

2. **your home** or place of business being made uninhabitable or the police requesting **your** presence following a theft from **your home**.

The following cover only applicable to TRAVELLER PLUS policies

3. If you have to curtail your trip as a result of the Travel Advice Unit of the Foreign, Commonwealth & Development Office (FCDO), the World Health Organisation (WHO) or similar body recommending evacuation from the country or specific area in which you are travelling, providing the directive came into force after you purchased this insurance and after you have left your Country of Residence to commence the trip (whichever is the later).

#### **Conditions**

- 1. **you** must contact the 24-hour Emergency Assistance Service for assistance/advice if **you** need to cut short **your** trip for an insured reason.
- 2. you must use or revalidate your original ticket for your early return. If this is not possible you must provide evidence that additional costs were necessary. Any refunds due on unused original tickets will be deducted from your claim. If you do not have an original return ticket, you will not be reimbursed for costs incurred for your early return.
- 3. if **you** require the 24-hour Emergency Assistance Service to pay for arrangements, they may first need to contact the relevant **medical practitioner** to confirm **your** claim falls within the terms of **our** cover.
- 4. if **you** make **your** own arrangements, **you** must supply all necessary documentation to substantiate that **your** claim falls within the terms of cover.
- 5. This policy does not provide compensation for loss of holiday/enjoyment.

# **Not Covered**

- 1. the policy excess shown on the Summary of Cover. This applies to each person making a claim;
- 2. any unused or additional costs incurred by you which are recoverable from:
- The providers of the accommodation, their booking agents, travel agent or other compensation scheme.
- The providers of the transportation, their booking agents, travel agent, compensation scheme or Air Travel Organisers' Licensing (ATOL).
- Your credit or debit card provider or PayPal.
- 3. any claim due to a **regional quarantine**.
- 4. claims that are not confirmed as medically necessary by the 24-hour Emergency Assistance Service, and where a medical certificate has not been obtained from the attending **medical practitioner** confirming it medically necessary to **curtail** the trip;
- 5. additional travelling expenses incurred which are not authorised by the 24-hour Emergency Assistance Service;
- 6. unused prepaid travel tickets where repatriation has been arranged by the 24-hour Emergency Assistance Service:
- 7. if the Health Declaration has not been complied with and **you** do not have an appropriate **medical screening endorsement** from the Medical Screening Service (see the Health Declaration)
- 8. any costs claimed under another section of this policy;
- 9. anything mentioned in the General Exclusions.

# **SECTION F. TRAVEL DELAY & ABANDONMENT**

(Cover not applicable to TRUE VALUE policies)

This section does not apply to trips within your Country of Residence.

#### Covered

You are covered if your flights, sea crossing, coach or train departure to or from your Country of Residence are delayed for more than 12 hours beyond the intended departure time (as specified on your travel ticket) as a result of:

- a) strike or industrial action (provided that when this policy was taken out, and or when the trip was booked there was no reasonable expectation that the trip would be affected by such cause);
- b) adverse weather conditions;
- c) mechanical breakdown or technical fault of the aircraft, coach, train or sea vessel then **you** are covered to a benefit of:
- 1. £25 per person for each complete 12 hours **you** are delayed up to a maximum of £100 on the Traveller Policy, or £35 per person for each complete 12 hours **you** are delayed up to a maximum of £140 on the Traveller Plus Policy, or
- 2. up to the limits as shown on the Summary of Cover for Trip Abandonment if **you** abandon the trip having been delayed on **your** outward journey for more than 24-hours.

### **Conditions**

- 1. in the event of a claim due to delayed **public transport**, **you** must provide documentation from the transport company, confirming the period of and the reason for the delay.
- 2. you must check in, according to the itinerary supplied to you unless your transport provider/operator has requested you not to travel to the airport/port.

- 1. if you have not checked-in in sufficient time for your outward or return journey;
- 2. any claims arising from withdrawal from service temporarily or otherwise of the aircraft, coach, train or sea vessel on the order or recommendation of the Civil Aviation Authority or a Port Authority or similar body in any country:
- 3. abandonment of a trip once you have departed from your Country of Residence
- 4. Internal flights
- 5. anything mentioned in the General Exclusions.

# **SECTION G. MISSED DEPARTURE**

(Cover not applicable to TRUE VALUE policies)

This section does not apply to trips within your Country of Residence.

#### Covered

You are covered up to the limit as shown on your Summary of Cover for reasonable additional accommodation (room only) and public transport travel expenses (Economy class) necessarily incurred in reaching your first overseas destination from your country of residence or your final return journey to your country of residence if you fail to arrive in time to board any onward connecting public transport on which you are booked to travel, including connections within your country of residence on the return journey home as a result of:

- 1. the failure of other **public transport**;
- 2. strike or industrial action:
- 3. adverse and unforeseeable weather conditions:
- 4. the vehicle in which **you** are travelling being involved in an accident or breakdown, or **you** being delayed as a result of a major accident on a motorway. In the event of a claim due to vehicle breakdown or a road accident, **you** must obtain a police or roadside assistance report;
- 5. you being denied boarding (because there are too many passengers for the seats available);

**NOTE**: If the same expenses are also covered under Section F – Travel Delay and Abandonment **you** can only claim for these under one section for the same event.

### **Conditions**

- 1. you must get (at your own expense) written confirmation from the public transport operator (or their handling agents) of the cancellation, number of hours of delay and the reason for these together with details of any alternative transport offered.
- 2. **you** must comply with the terms of contract of the **public transport** operator and seek financial compensation, assistance or a refund of **your** ticket from them, in accordance with the terms and/or (where applicable) **your** rights under EU Air Passengers Rights legislation or other passenger protection scheme in the event of denied boarding, cancellation or long delay of flights.
- 3. **you** must check in, according to the itinerary supplied to **you** unless **your** transport provider operator has requested **you** not to travel to the airport/port.

#### **Not Covered**

- 1. the policy excess shown on the Summary of Cover of any incident. This applies to each insured person making a claim;
- 2. if enough time has not been allowed for **your** journey in order to meet the check-in time(s) specified by the transport providers or agent;
- 3. if **you** are not proceeding directly to the departure point;
- 4. any costs incurred by **you** which are recoverable from the **public transport** operator or for which **you** receive or are expected to receive compensation, damages, refund of tickets, meals, refreshments, accommodation, transfers, communication facilities or other assistance;
- 5. claims arising which relate to an event which is occurring, or **you** were aware could occur at the time **you** purchased this insurance or booked **your** trip (whichever is the later);
- 6. any costs claimed under another section of this policy
- 7. anything mentioned in the General Exclusions.

# **SECTION H. HIJACK**

(Cover not applicable to TRUE VALUE policies)

### **Covered**

You are covered up to the limit as shown on the Summary of Cover for the duration of the hijack.

#### **Not Covered**

- 1. if **you** or **your family** or **your business associates** have engaged in activities that could be expected to increase the risk of **hijack**;
- 2. anything mentioned in the General Exclusions.

# **SECTION I. PERSONAL LIABILITY**

You must NOT admit liability at any time. The Claims Service must be notified immediately:

E-mail: claims@truetraveller.com

Phone on +44 20 3439 4285 (from overseas) or 020 3439 4285 (from within UK)

**NOTE**: If **you** are using a mechanical/motorised vehicle, make sure that **you** are adequately insured for third party liability, as **you** are not covered under this insurance for third party liability.

#### Covered

**You** are covered up to the limit as shown on the Summary of Cover, for legal expenses and legal liability for damages incurred by **you** which are caused by an accident that happened during the trip, and leads to claims made against **you** as a result of:

- 1. accidental bodily injury to a person who is not a member of **your family** or household or employed by **you** or a travelling companion;
- 2. loss of or damage to any property which does not belong to **you**, is not in the charge of, and is not in the control of **you** or any member of **your family**, household or employee;
- 3. loss of or damage to temporary holiday accommodation that does not belong to **you**, or any member of **your family**, household or employee.

**NOTE**: **We** are entitled to take over any rights in the defence or settlement of any claim and to take proceedings in **your** name for **our** benefit against any other party.

#### **Not Covered**

- 1. the policy excess shown on the Summary of Cover of any incident. This applies to each person making a claim:
- 2. fines imposed by a Court of Law or other relevant bodies;
- 3. anything caused directly or indirectly by:
- a) liability which **you** incur as a result of an agreement that **you** made which would not apply in the absence of that agreement;
- b) injury, loss or damage arising from:
  - i) ownership or use of aircraft (including drones), horse-drawn or mechanical/motorised vehicles, vessels (other than rowing boats, punts or canoes), animals (other than horses) or firearms or any weapons;
  - ii) the occupation (except temporarily for the purpose of the trip) or ownership of any land or buildings;
  - iii) the pursuit or exercise of any trade, profession or gainful occupation, or the supply of goods and services by **you**;
  - iv) racing of any kind;
  - v) any deliberate act;
  - vi) suicide, attempted suicide, self-inflicted injury, alcohol or drug abuse, alcoholism, drug addition, solvent abuse, wilful exposure to exceptional risk (unless **you** are trying to save someone's life);
- c) liability covered under any other insurance;
- 4. anything mentioned in the General Exclusions.

# **SECTION J. LEGAL EXPENSES**

If **you** require legal services, **our** Claims Service must be notified immediately by email on **claims@truetraveller.com** or by phone on **+44 20 3439 4285** (from overseas) or **020 3439 4285** (from within UK)

#### **Covered**

You are covered if you die, are ill or injured during your trip and you or your personal representative take legal action to claim damages or compensation for negligence against a third party we will do the following:

1. nominate an appointed adviser to act for you. If you and we cannot agree on an appointed adviser, the matter can be referred to an alternative resolution facility;

2. for each event giving rise to a claim pay up to the amount shown on the Summary of Cover for **legal costs** for **legal action** for **you** (but no more than the limits shown on the Summary of Cover in total for all persons insured on the policy).

### **Conditions**

- 1. You must conduct your claim in the way requested by the appointed adviser.
- 2. **You** must keep **us** and the **appointed adviser** fully aware of all the facts and correspondence including any claim settlement offers made to **you**.
- 3. We will not be bound by any promises or undertakings which you give to the appointed adviser, or which you give to any person about payment of fees or expenses, without our consent.
- 4. **We** can withdraw cover after **we** have agreed to the claim, if **we** think a reasonable settlement is unlikely or that the cost of **legal action** could be more than settlement.

- 1. Any claim:
- a) reported to us more than 60 days after the event giving rise to the claim;
- b) where **we** think a reasonable settlement is unlikely or where the cost of **legal action** could be more than the settlement;
- c) involving **legal action** between members of the same household, an **immediate relative**, a travelling companion or one of **your** employees;
- d) where another insurer or service provider has refused **your** claim or where there is a shortfall in the cover they provide;
- e) against a travel agent, tour operator or carrier, us, another person insured by this policy or our agent.
- 2. Legal Costs:
- a) for **legal action** that **we** have not agreed to;
- b) if **you** refuse reasonable settlement of **your** claim. **You** should use alternative resolution facilities such as mediation in this situation;
- c) if you withdraw from a claim without our agreement. If this occurs legal costs that we have paid must be

repaid to us and all legal costs will become your responsibility;

- d) that cannot be recovered by **us**, **you** or **your appointed adviser**, when **you** receive compensation. Any repayment will not be more than half of the compensation **you** receive;
- e) awarded as a personal penalty against **you** or the **appointed adviser** (for example not complying with court rules and protocols);
- f) for bringing legal action in more than one country for the same event;
- g) the funding of any appeal costs or actions to enforce a judgement or legally binding decision;
- h) anything mentioned in the General Exclusions.

# **SECTION K. BAGGAGE, MONEY & TRAVEL DOCUMENTS**

**NOTE**: Items of value may be more appropriately covered under a household All Risks Section or a separate All Risks policy where the full replacement value may be insured.

### **Covered**

# (i) Baggage

If you have paid the appropriate additional premium to include and if shown on your Validation Certificate (please refer to your Validation Certificate and Summary of Cover) you are covered up to the limit on the Summary of Cover for the value or repair to any of your personal baggage you take with you or buy on your trip (not hired, loaned or entrusted to you), which is lost, stolen, damaged or destroyed (after making proper allowance for wear and tear and depreciation) limited to:

- a) the single item limit as shown on **your** Summary of Cover for any one item, pair or set of items;
- b) the valuables limit as shown on your Summary of Cover for all valuables combined, in total; or
- c) specified items value where personal items are specifically shown on **your** Validation Certificate and the appropriate additional premium is paid.

### **Baggage Delay on your Outward Journey**

You are covered up to the limit on the Summary of Cover for the cost of buying replacement necessities if your personal baggage is delayed in reaching you on your outward journey for at least 12 hours and you have a written report from the carrier (e.g. airline, shipping company etc.) or tour representative. Receipts will be necessary in the event of a claim.

#### **Conditions**

- 1. any amount **we** pay **you** under Delayed Baggage will be deducted from the final claim settlement if **your baggage** is permanently lost.
- 2. **you** must obtain written proof of the incident from the police, **your** accommodation management, tour operator or carrier, within 24-hours of the discovery in the event of loss, burglary or theft of the **baggage**. Failure to do so may result in **your** claim being declined.
- 3. in the event of a claim for damaged items, proof of the damage must be supplied. The damaged articles must be retained by **you** and if requested, submitted to the claims handlers so as to substantiate a claim. NOTE: Failure to do so may result in a claim being denied.
- 4. in the event of a claim for a pair or set of items, **we** shall be liable only for the value of that part of the pair or set which is lost, stolen, damaged or destroyed.
- 5. Claims for loss, theft or damage to spectacles or sunglasses are limited to £100 per pair.
- 6. if the repair cost is more than the value of an item, **we** will assess the claim as if the item has been lost.

- 1. the policy excess shown on the Summary of Cover. This applies to each person making a claim;
- 2. any item left **unattended** or where **you** do not exercise reasonable care for the safety and supervision of **your personal baggage**;
- 3. any item, pair or set of items with a value of over £100, if a receipt, valuation report or other acceptable proof of ownership and value cannot be supplied to support **your** claim;
- 4. if your personal baggage is lost, damaged or delayed in transit and you do not:
- a) notify the carrier (i.e. airline, shipping company etc.) immediately and obtain a written carrier's report (or Property Irregularity Report (PIR) in the case of an airline); or
- b) follow up in writing within 7 days of the loss, damage or delay to obtain a written carrier's report (or Property Irregularity Report (PIR) in the case of an airline) if **you** are unable to obtain one immediately.
- 5. loss, destruction, damage or theft of the following property:
- a) contact or corneal lenses, hearing aids, dentures and false body parts or other prostheses;
- b) antiques, precious stones that are not set in jewellery, glass or china, pictures;
- c) dinghies, boats and/or ancillary equipment, vehicles or vehicle accessories (other than wheelchairs and pushchairs);
- d) tools of trade;
- e) perishable items such as food;
- f) **valuables** and specified items shown on **your** Validation Certificate left **unattended** at any time (including in a vehicle or in the custody of carriers) unless they are with **you** or locked in a safe or safety deposit box;
- g) pedal cycles unless declared as a specified item and it is specifically shown on **your** Validation Certificate and the appropriate additional premium has been paid.

- 6. loss, destruction, damage or theft:
- a) due to confiscation or detention by customs or other officials or authorities;
- b) due to wear and tear, denting or scratching, moth or vermin;
- c) transportation by any postal or freight service, or if sent under an air-way bill or bill of lading.
- 7. mechanical breakdown or derangement, for breakage of fragile or brittle articles being transported by a carrier, unless the breakage is due to fire or other accident to the vessels, aircraft or vehicle in which they are being carried.
- 8. personal baggage stolen from:
- a) an **unattended** vehicle unless it was in the locked glove compartment or rear boot or luggage area of the vehicle and is covered so as not to be visible from the outside of the vehicle and there is evidence of forcible and violent entry; or
- b) an unattended vehicle (other than motor caravans) left for any period between the hours of 9pm and 9am.
- 9. any shortage due to error, omission or depreciation in value;
- 10. any property more specifically insured or recoverable under any other source;
- 11. stamps, documents, deeds, samples or merchandise, manuscripts or securities of any kind;
- 12. sports or activity equipment whilst in use, other than **Winter Sports Equipment** under Section L when an additional premium has been added and this is shown on **your** Validation Certificate.
- 13. anything mentioned in the General Exclusions.

## (ii) Money & Documents

#### **Covered**

If you have paid the appropriate additional premium to include and if shown on your Validation Certificate (please refer to your Validation Certificate and Summary of Cover) you are covered up to the limit on the Summary of Cover for accidental loss or theft of your own money whilst being carried on your person or left in a locked safety deposit box. We will only pay up to the limit shown on the Summary of Cover for cash. This is limited to £50 if you are under 16 years. You are covered up to the amount shown on the Summary of Cover for accidental loss or theft of air tickets or other travel documents including reasonable expenses incurred as a result of loss, theft or damage.

### **Conditions**

In the event of a claim for loss of cash **you** must provide evidence of the initial withdrawal of the cash and also evidence of how **you** coped financially immediately after the loss (e.g. currency exchange/withdrawal slips, bank/credit card statements).

### **Not Covered**

- 1. the policy excess shown on the Summary of Cover. This applies to each person making a claim;
- 2. if **you** do not exercise reasonable care in protecting **your money** and documents against loss, theft or damage;
- 3. if **you** do not obtain a written police report within 24-hours of the discovery in the event of loss, burglary or theft of **money**;
- 4. any shortages due to error, omission or depreciation in value;
- 5. anything mentioned in the General Exclusions

#### (iii) Loss of Passport & Visa Expenses

This section does not apply to trips within your Country of Residence.

#### Covered

If you have paid the appropriate additional premium to include and if shown on your Validation Certificate (please refer to your Validation Certificate and Summary of Cover) you are covered up to the limit on the Summary of Cover for:

- 1. reasonable additional travel or accommodation expenses **you** have to pay whilst abroad, over and above any payment which **you** would normally have made during the trip if no loss had been incurred, as a result of **you** needing to replace a lost or stolen passport/visa;
- 2. any additional fees payable specifically for **you** to obtain the replacement passport itself over and above that payable in **your Country of Residence**;
- 3. The equivalent (pro rata) value of the remaining period of your original passport at the time of loss;
- 4. The replacement costs of any temporary passport, as well as Visa or Temporary Work permits which were issued in **your** original passport.

#### **Conditions**

You must provide receipts for all costs incurred.

- 1. the policy excess shown on the Summary of Cover. This applies to each person making a claim;
- 2. any costs that you would have incurred had you not lost your passport;
- 3. if you do not exercise reasonable care for the safety or supervision of your passport;
- 4. if you do not obtain a written police report within 24-hours of the loss;
- 5. loss, destruction or damage arising from confiscation or detention by customs or other officials or authorities;
- 6. anything mentioned in the General Exclusions.

# **SECTION L. WINTER SPORTS COVER**

#### Covered

If **you** have paid the appropriate additional premium to include and if shown on **your** Validation Certificate (please refer to **your** Validation Certificate and Summary of Cover) **you** are also covered for:

# (i) Winter Sports Medical

The Medical and Repatriation section of this policy is extended to cover **you** whilst participating in **Winter Sports** 

### (ii) Winter Sports Liability

The Personal Liability section of this policy is extended to cover **you** whilst participating in **Winter Sports** (iii) Winter Sports Equipment

You are covered up to the amount shown on the Summary of Cover for the value or repair of your own winter sports equipment (after making proper allowance for wear and tear and depreciation) or hired winter sports equipment, if they are lost, stolen or damaged during your trip, limited to the single item limit for any one item.

In the event of a claim, you must provide the following documentation:

- 1. Loss or theft: a report from the police, resort management or tour operator; plus receipt or proof of ownership and confirmation of second hand value from a specialist dealer.
- 2. Damage: confirmation from a specialist dealer of the damage sustained and repair costs, or confirmation that damage is beyond economic repair, plus the second-hand value prior to damage.

# (iv) Equipment Hire

You are covered up to the amount shown on the Summary of Cover for the reasonable cost of hiring winter sports equipment for the rest of your trip or until your own winter sports equipment has been returned to you. if:

- a) your equipment is lost or broken; or
- b) your equipment is delayed for at least 12 hours on your outward journey.

#### **Conditions**

In the event of a claim **you** must provide the following documentation:

- 1. Loss or theft: a report from the police, resort management or tour operator; plus receipts showing original and additional hire charges.
- 2. Damage: confirmation from the hire company of damage sustained and additional charges incurred.
- 3. Delay: confirmation from the airline or transport company that **your** equipment was delayed over 12 hours on the outward journey plus a receipt showing the original and additional hire charges.

# (v) Winter Sports Pack

**You** are covered up to the amount shown on the Summary of Cover for the value of the unused portion of **your** resort pass, ski school, and lift pass costs if:

- a) you have an accident, or you are ill;
- b) your resort pass is lost or stolen.

#### **Conditions**

In the event of a claim, **you** must provide the following documentation:

- 1. Accident or illness: medical report confirming the reason and length of time **you** were unable to undertake **your** planned activity plus a copy of the lift pass and evidence of initial cost.
- 2. Loss or theft: report from police or resort management plus evidence of initial cost and cost of replacement pass.

### (vi) Piste Closure

**You** are covered up to the amount shown on the Summary of Cover if during the period of **your** stay, on-piste skiing at the resort that **you** had pre-booked is not available due to a lack of snow or excessive snow or avalanche conditions, then **we** will pay:

- a) up to the amount shown on the Summary of Cover per day towards transport costs to reach another resort or,
- b) compensation of up to the amount shown on the Summary of Cover per full day if skiing is unavailable due to the total closure of all on-piste skiing activity

In the event of a claim **you** must provide documentation from the resort's management confirming how long the piste was closed at **your** resort and the reason.

- 1. the policy excess as shown on the Summary of Cover. This applies to each person making a claim;
- 2. if you do not adhere to the International Ski Federation code or the resort regulations;
- 3. anything not covered in the Baggage Section (applicable to Part L (iii) & L (iv) above);
- 4. anything not covered in the Medical and Repatriation Expenses Section (applicable to Part L (i) & L (v) above)
- 5. anything not covered in the Personal Liability Section;
- 6. ski jumping, the use of bobsleighs and skeletons; taking part in International and National events and their heats and officially organised practice or training for these events;
- 7. anything mentioned in the General Exclusions.

# **SECTION M. SPORTS & ACTIVITIES**

Subject to the General Exclusions and the relevant exclusions under each section of this Policy Document, which continue to apply; the following recreational, non-professional (amateur) activities detailed under **Traveller Pack** are automatically covered at standard premiums.

Adventure Pack, Extreme Pack, Ultimate Pack and Winter Sports activities are only covered where the appropriate applicable additional premium has been paid and is detailed on your Validation Certificate. If the Extreme Pack has been selected, you are also covered for Adventure Pack activities. If the Ultimate Pack has been selected, you are also covered for both the Adventure and Extreme Pack activities.

To establish if cover can be provided for any professional or competitive activity, please refer to The True Traveller for a quotation as an additional premium may be payable. Call them on 0333 999 3140.

Traveller Pack	
Activity & Special Conditions (if applicable)	Exclusions
Abseiling (a)	
Aerobics	
Athletics	
Archery (a) or (b)	No Personal Liability Cover
Badminton	
Ballet	
Banana Boating (a). Excludes Flying Fish	
Baseball	
Basketball	
Black Water Rafting (grades 1-3) (a)	
Bowls	
Bungee Jumping (2 jumps) (a)	
Camel riding (day tour) (a)	No Personal Liability Cover
Canoeing (inland/coastal – grades 1-3)	
Caving (sightseeing/tourist attraction) Recreational Visit only	
Cheerleading	
Clay pigeon shooting (a) or (b)	No Personal Liability Cover
Cricket	
Croquet	
Cruising (Cruise Ship) (a)	
Curling	
Cycling (incidental to the trip) including e-bikes	No cover available for e-scooters
Cycling (on an organised tour) (a)	
Dodge Ball	
Dragon Boating (inland/coastal waters)	
Dune Bashing (a) or (b)	No Accidental Disability Cover, No Personal Liability Cover
Walking with Elephants (a)	No cover available for riding Elephants.
Field Hockey	·
Fitness Training	
Fishing (inland/coastal waters)	Sports/Leisure fishing only - no commercial or rock fishing
Floorball	
Flying (as a fare paying passenger in a licenced scheduled or chartered aircraft or helicopter)	
Football (Soccer)	
Go Karting (a)	No Personal Liability Cover
Golf	
Gymnastics	
Horse riding (leisure/social/non-competitive)	No racing/jumping
Hot Air ballooning (a)	No Personal Liability Cover
Ice skating (indoor)	1 11 11
Ice skating (outdoor) on a commercially managed rink (a)	
Jet boating (inland/coastal waters) (a) or (b)	No Personal Liability Cover
Jet skiing (inland/coastal – grades 1-3) (a) or (b)	No Personal Liability Cover
Kayaking (inland/coastal – grades 1-3)	
Kite boarding (on land or water)/Kite surfing	
Lacrosse	
Martial Arts training (non-contact)	
Motorcycling (on road up to 125cc) (b) (Helmet must be worn)	No touring where the motorbike is
	the main mode of transport. No

	Accidental Disability Cover, No Personal Liability Cover
Netball	No Developed Limbility Cover
Non-Manual/Clerical Work (f) Orienteering	No Personal Liability Cover
Outdoor endurance courses up to 3 miles	
Outward Bound Pursuits	
Paint Balling/Airsoft	
Parachuting (1 jump)	No Accidental Disability Cover, No Personal Liability Cover
Parasailing/Parascending (Over water) (a) or (b)	No Personal Liability Cover
Racquetball	,
Rifle range/Sports shooting (a) or (b)	No Personal Liability Cover
River Boarding/Hydro Speeding (grades 1-3) (a)	
Roller Skating/Rollerblading	No cover for stunting
Rounders	
Rowing/Sculling (inland/coastal waters – no white water)	
Running/Jogging (up to half marathon distance)	
Safari Travel (a)	
Sailing (inland/coastal waters) (a) or (b)	No Personal Liability Cover
Sandboarding/Sand Skiing	,
Scuba Diving (up to 18 metres in depth) (e)	See Special Exclusion (ii)
Segway Tours (a) (Helmet must be worn)	No Accidental Disability Cover, No Personal Liability Cover
Skateboarding (ramp, half pipe, skate park, street). Excludes Electric Skateboarding	,
Snorkelling	
Snowshoeing (Flat Terrain)	
Softball	
Speed Boating (inland/coastal waters – no white water) (a) or (b)	No Personal Liability Cover
Squash	,
Stand up Paddle Surfing/Paddle Boarding	
Surfing	
Swimming (pool; enclosed, inland/coastal waters)	
Swimming with Dolphins/Whales/Whale Sharks (a)	
Table Tennis	
Tandem Skydive (1 jump)	No Accidental Disability Cover, No Personal Liability Cover
Tennis	
Trampolining	
Trekking up to 3,000 metres	
Triathlon up to Sprint Distance	
Tubing on rivers (grades 1-2) (a)	No Personal Liability Cover
Ultimate Frisbee	,
Volleyball	
Wall Climbing (Man-made Climbing Walls) (a)	No Soloing, No Accidental Disability Cover
Water Polo	
White Water Rafting (grades 1-3) (a)	
Windsurfing (inland/coastal)	No Personal Liability Cover
Yoga	,
Zip Lining (a)	
Adventure Pack	·
Activity & Special Conditions (if applicable)	Exclusions
Activity & Special Conditions (If applicable)  Aerial Safari (a)	No Accidental Disability Cover
Bicycle Polo	140 Accidental Disability Cover
Black Water Rafting (grades 4-5) (a)	No Accidental Disability Cover
Bouldering	No Soloing, No Accidental Disability Cover
Boxing (training only)	20401
Bungee Jumping (3 or more jumps) (a)	
	No Porconal Liability Cover
Camel Trekking (overnight/main mode of transport)	No Personal Liability Cover
Canyon Swinging (a)	
Canoeing (inland/coastal - grades 4-5) Canyoning (a)	No Accidental Disability Cover, No
Dirt Poarding	Personal Liability Cover
Dirt Boarding	No Personal Liability Cover

Dogsledding (on recognised trails) (a)	No Racing, time trials, endurance
bogsiedding (on recognised trans) (d)	events
Fencing	No Personal Liability Cover
Fishing (outside coastal waters/deep sea) (a) and (c)	Sport/Leisure Fishing only
Fly by Wire (a)	
Glacier Walking (a)	
Horse riding (overnight/main mode of transport)	
Kayaking (inland/coastal – grades 4-5)	
Kite Buggy	No Personal Liability Cover
Land Surfing	No Personal Liability Cover
Marathons	
Martial Arts - Judo/Karate/Jiu-Jitsu only (training only) (a)	No Accidental Disability Cover, No Personal Liability Cover
Motorcycling (on road over 125cc) (b) (Helmet must be worn)	No touring where the motorbike is the main mode of transport. No Accidental Disability Cover, No Personal Liability Cover
Mountain Biking (off road/cross country)	
Outdoor endurance courses up to 8 miles	
Outrigger canoeing (inland/coastal waters)	
Quad Biking (a) or (b) (Helmet must be worn)	No Accidental Disability Cover, No Personal Liability Cover
Permitted Manual Work (g)	No Personal Liability Cover
Rock Climbing (outdoor/traditional/sport climbing/bolted/aid	No Accidental Disability Cover
climbing). Excludes Sea Cliff/Ice Climbing/Big wall climbing.  Roller Hockey	
Sailing (outside coastal waters) (a) or (b) and (c)	No Personal Liability Cover
Scuba Diving (up to 40 metres in depth) (e)	See Special Exclusion (ii)
Shark Cage Diving (e)	See Special Exclusion (ii)
Spearfishing	No Personal Liability Cover
Trekking up to 4,600 metres (j)	
Triathlon to Middle Distance/Half Ironman	
Via Ferrata	
Volunteering (h)	
Water Skiing/Wakeboarding/Wake Skating (a) or (b)	No iumpina No Dorsonal Liability
	No jumping, No Personal Liability Cover
White Water Rafting (grades 4-5) (a)	Cover No Accidental Disability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)	Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack	Cover No Accidental Disability Cover No Accidental Disability Cover, No
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack Activity & Special Conditions (if applicable)	Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  Exclusions
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack Activity & Special Conditions (if applicable) American Football	Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  Exclusions No Accidental Disability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack Activity & Special Conditions (if applicable)  American Football Australian Rules Football (AFL)	Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  Exclusions No Accidental Disability Cover No Accidental Disability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack Activity & Special Conditions (if applicable)  American Football Australian Rules Football (AFL) Caving/Potholing (as part of a group, not ice; known routes only)	Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  Exclusions No Accidental Disability Cover No Accidental Disability Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack Activity & Special Conditions (if applicable)  American Football Australian Rules Football (AFL)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX	Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  Exclusions No Accidental Disability Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover
White Water Rafting (grades 4-5) (a)  Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover
White Water Rafting (grades 4-5) (a)  Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)  Kite Wing (land, water only)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)	Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  Exclusions  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)  Kite Wing (land, water only)  Motorcycling/Trail Biking (off-road under 250cc) (b) (Helmet must be worn). Excludes Motocross.	Cover  No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover No Personal Liability Cover No Personal Liability Cover No Personal Liability Cover No Personal Liability Cover No touring where the motorbike is the main mode of transport. No Accidental Disability Cover, No
White Water Rafting (grades 4-5) (a) Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)  Kite Wing (land, water only)  Motorcycling/Trail Biking (off-road under 250cc) (b) (Helmet must be worn). Excludes Motocross.	Cover  No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover No Personal Liability Cover No touring where the motorbike is the main mode of transport. No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a)  Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)  Kite Wing (land, water only)  Motorcycling/Trail Biking (off-road under 250cc) (b) (Helmet must be worn). Excludes Motocross.  Mountain Biking (using downhill trails and/or mechanical lifts)  Outdoor endurance courses up to 13 miles  Ranching and Ranch activities	Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover  No Personal Liability Cover  No Personal Liability Cover  No Personal Liability Cover  No Personal Liability Cover  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a)  Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)  Kite Wing (land, water only)  Motorcycling/Trail Biking (off-road under 250cc) (b) (Helmet must be worn). Excludes Motocross.  Mountain Biking (using downhill trails and/or mechanical lifts)  Outdoor endurance courses up to 13 miles  Ranching and Ranch activities	Cover  No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover No Personal Liability Cover No Personal Liability Cover No touring where the motorbike is the main mode of transport. No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover
White Water Rafting (grades 4-5) (a)  Zorbing (a)  Extreme Pack  Activity & Special Conditions (if applicable)  American Football  Australian Rules Football (AFL)  Caving/Potholing (as part of a group, not ice; known routes only)  Coasteering (a)  Cycling - BMX  Flying (as pilot or passenger of a private light aircraft)  Hurling  Gaelic Football  Gliding (a) or (b)  Horse Riding (Equestrian, Dressage, Show Jumping, Eventing)  Kite Wing (land, water only)  Motorcycling/Trail Biking (off-road under 250cc) (b) (Helmet must be worn). Excludes Motocross.  Mountain Biking (using downhill trails and/or mechanical lifts)  Outdoor endurance courses up to 13 miles  Ranching and Ranch activities	Cover  No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover  No Accidental Disability Cover No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover No Stunt/Aerobatics or Commercial flying. No Accidental Disability Cover No Personal Liability Cover No Personal Liability Cover No touring where the motorbike is the main mode of transport. No Accidental Disability Cover, No Personal Liability Cover No Accidental Disability Cover, No Personal Liability Cover

Tandem Paragliding (1 flight)	No Accidental Disability Cover
Trapeze/High Wire/Aerial Silks (a)	No Accidental Disability Cover
Trekking over 4,600 metres (j)	The first control of the first
Water Skiing (Barefoot) (a) or (b)	No Personal Liability Cover
Ultimate Pack	
Activity & Special Conditions (if applicable)	Exclusions
Climbing (Ice)	See Special Exclusion (iii). No
3. ,	Soloing, No Accidental Disability
	Cover
Hang Gliding (a)	No Accidental Disability Cover, No
	Personal Liability Cover
Mountaineering to 6000 metres (j) (with ropes, picks or specialist	See Special Exclusion (iii). No
climbing equipment)	Accidental Disability Cover
Parachuting (more than 1 jump) (a) or (b). Excludes Base jumping	No Accidental Disability Cover, No
	Personal Liability Cover
Paragliding/Parapenting (a) or (b)	No Accidental Disability Cover, No
Bernard Per (Bernard Per (e) e (f)	Personal Liability Cover
Parasailing/Parascending (a) or (b)	No Accidental Disability Cover, No
Polo/Polocrosse	Personal Liability Cover  No Personal Liability Cover
Powerbocking	No Accidental Disability Cover
Sea Cliff Climbing	No Accidental Disability Cover
Skydiving/Tandem skydiving (over 1 jump) (a) or (b). Excludes Base	No Accidental Disability Cover, No
jumping	Personal Liability Cover
Triathlon to Full Distance/Ironman	, , , , , , , , , , , , , , , , , , , ,
Ultramarathon	Maximum distance 250km, No Polar
Ultramarathon	Maximum distance 250km, No Polar Cover
Ultramarathon  Winter Sports	
Winter Sports	Cover
Winter Sports Activity & Special Conditions (if applicable)	Exclusions See Special Exclusion (i) See Special Exclusion (i)
Winter Sports  Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)	Exclusions See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i)
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-	Exclusions See Special Exclusion (i) See Special Exclusion (i)
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  No Racing, time trials, endurance
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)	Exclusions  See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) No Racing, time trials, endurance events
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)	Exclusions  See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i)  No Racing, time trials, endurance events See Special Exclusion (i). No
Winter Sports  Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)	Exclusions  See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i)  No Racing, time trials, endurance events See Special Exclusion (i). No Accidental Disability Cover
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  No Racing, time trials, endurance events  See Special Exclusion (i). No Accidental Disability Cover  No Accidental Disability Cover, No
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)	Exclusions  See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i)  No Racing, time trials, endurance events See Special Exclusion (i). No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d)	Exclusions  See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i)  No Racing, time trials, endurance events See Special Exclusion (i). No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover See Special Exclusion (i)
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d)  On-piste Skiing or Snowboarding (d)	Exclusions  See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i)  No Racing, time trials, endurance events See Special Exclusion (i). No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover See Special Exclusion (i) See Special Exclusion (i)
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d)	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  No Racing, time trials, endurance events  See Special Exclusion (i). No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i)  See Special Exclusion (i)  No Accidental Disability Cover, No
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d)  On-piste Skiing or Snowboarding (d)  Sledding/Tobogganing/Snow Sleds/Snow Sleighs (on snow)	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  No Racing, time trials, endurance events  See Special Exclusion (i). No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i)  See Special Exclusion (i)  No Accidental Disability Cover, No Personal Liability Cover, No Personal Liability Cover, No Personal Liability Cover
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d)  On-piste Skiing or Snowboarding (d)	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  No Racing, time trials, endurance events  See Special Exclusion (i). No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i)  See Special Exclusion (i)  No Accidental Disability Cover, No
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cat Skiing (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d)  On-piste Skiing or Snowboarding (d)  Sledding/Tobogganing/Snow Sleds/Snow Sleighs (on snow)	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  No Racing, time trials, endurance events  See Special Exclusion (i). No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i)  See Special Exclusion (i)  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i)  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i). No
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d) On-piste Skiing or Snowboarding (d) Sledding/Tobogganing/Snow Sleds/Snow Sleighs (on snow)  Snow biking (on/off Piste within Resort Boundaries)  Snowmobiling (No Remote Areas, Racing, Time Trials or Endurance Events)	Exclusions  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  See Special Exclusion (i)  No Racing, time trials, endurance events  See Special Exclusion (i). No Accidental Disability Cover  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i)  See Special Exclusion (i)  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i)  No Accidental Disability Cover, No Personal Liability Cover  See Special Exclusion (i). No Accidental Disability Cover
Activity & Special Conditions (if applicable)  Alpine Ski Touring (d)  Backcountry Skiing or Snowboarding (d)  Cross-country Skiing or Snowboarding (along a designated cross-country ski route only) (d)  Dogsledding (on recognised trails) (a)  Heliskiing (d)  Ice Hockey (Indoor)  Off-piste Skiing or Snowboarding (d)  On-piste Skiing or Snowboarding (d)  Sledding/Tobogganing/Snow Sleds/Snow Sleighs (on snow)  Snow biking (on/off Piste within Resort Boundaries)  Snowmobiling (No Remote Areas, Racing, Time Trials or Endurance	Exclusions  See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i) See Special Exclusion (i)  No Racing, time trials, endurance events See Special Exclusion (i). No Accidental Disability Cover No Accidental Disability Cover, No Personal Liability Cover See Special Exclusion (i) See Special Exclusion (i) No Accidental Disability Cover, No Personal Liability Cover See Special Exclusion (i) No Accidental Disability Cover, No Personal Liability Cover See Special Exclusion (i). No Accidental Disability Cover No Accidental Disability Cover, No

### **SPECIAL CONDITIONS**

The following conditions and exclusions apply to individual sports and activities where highlighted in the list above.

- (a) Provided **you** are supervised by a qualified instructor/licensed operator or hold the appropriate membership, certification and/or licence from an accredited organisation for the activity.
- (b) Provided you have the appropriate certification or licence to do this sport or activity in your Country of Residence. If operating a motor vehicle, the driver must have the appropriate valid licence for the machine in your Country of Residence.
- (c) Provided **you** remain within 60 miles of a safe haven (a protected body of water used by marine craft for refuge from storms or heavy seas).
- (d) Conventional skiing/snowboarding only. It is not a condition of cover that **you** ski or board with a guide, however **you** must follow the International Ski Federation code or resort regulations. It is also recommended that **you** do not venture into back country areas without taking local advice and appropriate rescue equipment.

- (e) You must hold a British Sub Aqua Club certificate or equivalent and always follow the relevant Club rules and guidelines or must only dive under the constant supervision of a properly licensed diving school and follow their rules and instructions at all times. No air travel is permitted within 24-hours of scuba diving.
- (f) Means any professional, clerical or administrative work or working as a classroom teacher, classroom assistant, au pair, child-minder, bar and restaurant work.
- (g) Means general farm work and fruit picking. This includes driving tractors and other similar farm vehicles so long as **you** comply with any appropriate license requirements; doctor, nurse, midwife and care work (including medical elective trips but not dental elective); light building and DIY e.g. painting, decorating or basic construction work using light power tools only. **Permitted Manual Work** is not covered if it involves the use of plant/trade/industrial machinery, non-domestic power tools or working at a height of over 2 metres.
- (h) Means your participation in community or wildlife-based conservation/project work when arranged by a professional organisation. This may include caring, teaching or nursing. It may also cover community/ charity based supervised building/renovation projects or other Permitted Manual Work, provided the activity does not involve the use of plant/trade/industrial machinery, non-domestic power tools or working at a height of over 2 metres.
- (j) If travelling to Nepal, the endorsement "Trekking in Nepal" must be shown on **your** Validation Certificate. **SPECIAL EXCLUSIONS**
- (i) No cover for any competition, free-style skiing/snowboarding, ski/snowboard jumping, ski-flying, ski/snowboard acrobatics, ski/snowboard stunting, or ski racing or national squad training, the use of skeletons
- (ii) No cover for any unaccompanied dive, any dive in overhead environments or any dive for gain or reward.
- (iii) No cover for mountaineering without ropes, harnesses, or other protective equipment, climbing in remote or inaccessible regions, exploratory expeditions and new routes or mountaineering over 6,000 metres.

#### **Not Covered**

- 1. Competing at international events as a national representative.
- 2. Racing or participating in speed or time trials.
- 3. Motorbike or bicycle touring or where a motorbike or bicycle is the main mode of transport.
- 4. Taking part in polar expeditions or the crewing of a vessel more than 60 miles from a safe haven.
- 5. Anything listed in the General Exclusions.

# **SECTION N. TRAVEL DISRUPTION**

If **you** have paid the appropriate additional premium to include and if shown on **your** Validation Certificate (please refer to **your** Validation Certificate and Summary of Cover) **you** are covered for:

#### **Covered**

You are covered from your latest overseas departure time to commence your journey back to your Country of Residence as shown on your booking confirmation/itinerary. For Multi-Trip policies, each trip is considered a separate insurance, and is subject to the limits of cover, exclusions and conditions as set out in this document and each trip must fall entirely within the 12-month period from the commencement date of this insurance. We will pay you the following irrecoverable costs incurred, if upon your scheduled return to your Country of Residence, you are delayed for more than 24-hours beyond the time of international departure shown on your itinerary for reasons beyond your control, subject to the conditions of this insurance policy.

You are covered up to the following limits for travel disruption to your journey back to your Country of Residence for the following:

- 1. Up to £1,000 in total for additional accommodation to the same rating as originally booked.
- 2. Up to £50 per day limited to £500 in total for the purchase of food or meals but not drinks or alcohol.
- 3. Up to £350 in total to make alternative travel arrangements for **your** independent return back to **your Country of Residence**.
- 4. Up to £100 in total to obtain and or purchase essential medication prescribed to **you** prior to **your** departure.
- 5. Up to £10 per day limited to £100 in total for the purchase of essential items or services only but not food or drink.
- 6. Up to £25 in total for additional transport costs to get **you** from **your** accommodation to **your** point of international departure as shown on **your** original itinerary in the event that the pre-paid provider fails to turn up at **your** accommodation within the first 45 minutes of the scheduled time.
- 7. Up to £100 in total for additional transport costs to collect **your** vehicle from **your** original point of international departure in **your Country of Residence**, if **your** return to **your Country of Residence** is somewhere other than the scheduled point of return.
- 8. Up to £50 in total for additional parking incurred in **your Country of Residence** following **your** delayed return.
- 9. Up to £100 in total for additional kennel/cattery fees incurred in **your Country of Residence** following **your** delayed return.

NOTE: For a COUPLE or FAMILY cover the maximum payment for all persons insured (in total and not each)

is 200% of the benefits shown within this policy contract.

#### **Not Covered**

- 1. any claim arising in the first 24-hours of delay, calculated from the time of international departure shown on **your** original booking itinerary.
- 2. any claim due to an event that has occurred within 31 days prior to that date of booking the trip and/or commencement of this insurance.
- 3. any claim not supported by i) receipts ii) documentation confirming the cause and duration of delay, iii) proof of travel.
- 4. any claim for missed departure/missed connection from Lukla airport in Nepal due to inclement weather.
- 5. any costs which are recoverable from **your** tour operator, carrier, travel insurance or under any EU Directive irrespective if **your** tour operator or carrier denies liability as beyond their control, unforeseeable or unavoidable.
- 6. costs of travel or accommodation to a higher standard than those originally booked
- 7. any claim due to a **regional quarantine**.
- 8. any claim arising from:
- i) withdrawal of service due to safety reasons or bankruptcy,
- ii) withdrawal of service due to strike or industrial action publicly declared prior to commencement of this insurance or prior to the holiday booking,
- iii) any incident where **you** have not obtained written authority from **your** carrier to make alternative travel arrangements,
- iv) any incident where a carrier or tour operator has offered alternative arrangements
- v) **your** failure to meet the scheduled dates and or times shown in their original travel documents, their negligence or their disinclination to travel,
- vi) you can only claim under one section of the policy, either Section F, G or N.

# **SECTION O. TRAVEL RESUMPTION**

If **you** have paid the appropriate additional premium to include, on a Single Trip Policy for a period exceeding 32 days, and if shown on **your** Validation Certificate (please refer to **your** Validation Certificate and Summary of Cover) **you** are covered for:

#### **Covered**

**We** will pay up to the amount shown in the Summary of Cover for reasonable additional travel expenses (Economy Class) for **you** to resume **your** trip to the destination abroad if **you** have:

- 1. been repatriated **home** due to an accidental injury or serious illness as covered under Section A Medical & Repatriation; or
- 2. had to return **home** due to the accidental injury, serious illness, death of an **immediate relative** or **close business associate** of **yours** as covered under Section E Curtailment;

We shall pay for travel expenses equivalent to the cost of a return economy class airplane ticket to the destination where you would have been according to your original travel plan at the time you are resuming your trip.

# **Conditions**

**You** must advise **us** within 30 days of **your** return **home** if **you** wish to resume **your** trip. The resumption of the trip and additional travel expenses must be agreed by **us** and must occur between the start date and end date as shown on **your** Validation Certificate in effect at the time the insured event took place for **your** policy to resume.

If **you** choose not to resume **your** trip, **your** cover ceases, with no return premium payable to **you** for any unused portion of insurance.

- 1. the policy excess shown on the Summary of Cover. This applies to each person making a claim;
- 2. if the incident causing your return home was not covered under this policy;
- 3. travelling expenses incurred which are not authorised by the 24-hour Emergency Assistance Service;
- 4. resumption of the trip if it does not take place within the same insurance period as the incident;
- 5. any further expenses incurred as a result of the **medical condition** which resulted in **your** return **home**. The **medical condition** that caused **you** to return **home** will be deemed a pre-existing **medical condition** at the time **you** resume **your** trip and **you** must notify the True Traveller on **+44** 333 999 3140 (from overseas) or 0333 999 3140 (within UK) in order to confirm cover.

# SECTION P. COLLISION DAMAGE WAIVER EXCESS

If **you** have paid the appropriate additional premium to include and if shown on **your** Validation Certificate (please refer to **your** Validation Certificate and Summary of Cover) **you** are covered for:

### **Covered**

We will pay up to the amount shown on the Summary of Cover for:

- 1. the reimbursement of the accidental damage or theft excess applied to **your** car hire insurance if the insured vehicle is stolen, damaged or involved in an accident during the rental period;
- 2. the cost of replacing rental car keys if these are lost, stolen or damaged during the rental period, this includes where necessary the costs to replace locks or for a locksmith to break into the insured vehicle.

### **Not Covered**

- 1. Any claim where you have not followed the terms of your rental agreement.
- 2. Any person aged under 21 years old.
- 3. Violation of the rental vehicle agreement.
- 4. Any claim for damage caused as a result of theft of the vehicle unless a written police report is obtained.
- 5. Any claim where the rented vehicle is a motor home, camper van, trailer or caravan, van, commercial vehicle or truck, two or three wheeled vehicle, off-road vehicle, recreational vehicle, prestige or exotic vehicle, passenger van or other vehicle with more than 7 seats or over 3.5 tonnes.

# **SECTION O. TRAVEL CATASTROPHE**

(Cover not applicable to TRUE VALUE policies)

This section does not apply to trips within your Country of Residence.

#### **Covered**

We will pay **you** up to the amount shown on the table of benefits for the cost **you** pay, or agree to pay overseas, for similar travel expenses and accommodation to allow **you** to continue with **your** holiday or journey. **We** will only do this if **you** cannot reach or cannot live in **your** booked accommodation because of a fire, flood, earthquake, storm, lightning, explosion, hurricane, or a major outbreak of food poisoning. This cover will also extend to similar additional travel and accommodation expenses incurred if an act of terrorism during **your** trip results in **your** booked accommodation becoming uninhabitable and **you** are required to move to another accommodation to continue with **your** holiday.

#### Not Covered

- 1. the policy excess shown on the Summary of Cover. This applies to each person making a claim;
- 2. if **you** do not provide **us** with a written statement from an appropriate public authority confirming the full detail of the disaster;
- 3. if **you** were aware of any event that could have led to a claim before **you** left **your** international departure point;
- 4. if you do not give us proof of all the extra costs you had to pay;
- 5. any costs that you would normally have to pay during your period of cover;
- 6. any claim that results from you travelling against the advice of the appropriate national or local authority;
- 7. any costs where the accommodation provider has offered reasonable alternative arrangements;
- 8. anything mentioned in the General Exclusions.

# **GENERAL CONDITIONS**

- 1. all claims must be submitted within 60 days of the incident which gave rise to the claim. If **you** are unable to provide the required documentation, **your** claim will be put on hold until the documentation can be supplied.
- 2. receipts and/or proof of ownership and value must be supplied in the event of a claim.
- 3. you must take all reasonable steps to recover any lost or stolen articles.
- 4. damaged articles must be retained by **you** and if requested submitted to the Claims Handlers so as to substantiate a claim. Failure to do so may result in a claim being denied.
- 5. if **we** require any medical certificates, information, evidence and receipts, these must be obtained by **you** at **your** expense.
- 6. in the event of a claim, if **we** require a medical examination **you** must agree to this. In the event of death, **we** are entitled to a post-mortem examination. The post-mortem would be at **our** expense.
- 7. **you** must not make any payment, admit liability, offer or promise to make any payment without written consent from **us**.
- 8. we are entitled to take over any rights in the defence or settlement of any claim and to take proceedings in your name for our benefit against any other party.
- 9. we may at any time pay to you our full liability under this insurance, after which no further payment will be made in any respect.
- 10. if at the time of making a claim there is any other insurance covering the same risk, **we** are entitled to contact that insurer for a contribution.
- 11. we can cancel the policy if you tell us something that is not true, which influences our decision as to whether

cover can be offered or not.

- 12. if a claim made by **you** or anyone acting on **your** behalf is fraudulent or fraudulently exaggerated or supported by a false statement or fraudulent means or fraudulent evidence is provided to support the claim, **we** may:
- i) not be liable to pay the claim,
- ii) recover from you any sums paid by us to you in respect of the claim,
- iii) by notice to **you** cancel the policy with effect from the date of the fraudulent act without any return of premium.

If **we** cancel the policy under (iii) above:

- i) **we** shall not be liable to **you** in respect of a relevant event occurring after the time of the fraudulent act. A relevant event is whatever gives rise to **our** liability under the insurance contract (such as the occurrence of a loss, the making of a claim, or the notification of a potential claim); and,
- ii) we need not return any of the premiums paid.
- If this insurance contract provides cover for any person who is not party to the contract ("a covered person") and a fraudulent claim is made under the contract by or on behalf of a covered person, **we** may exercise the rights set out in clause (i) above as if there were an individual insurance contract between **us** and the covered person. However, the exercise of any of those rights shall not affect the cover provided under the contract for any other person.
- 13. **We** shall not provide any benefit under this contract of insurance to the extent of providing cover, payment of any claim or the provision of any benefit where doing so would breach any sanction, prohibition or restriction imposed by law or regulation.
- 14. If at the time of any incident which results in a claim under this policy, there is another insurance covering the same loss, damage, expense or liability **we** will not pay more than **our** proportional share (not applicable to Accidental Disability or Travel Delay).

# **GENERAL EXCLUSIONS**

**You** are not covered for anything caused directly or indirectly by the following, unless **you** have contacted **us**, and **we** have confirmed in writing that **you** will be covered:

- 1. Any claim where the terms shown under HEALTH DECLARATION have not been followed;
- 2. Any claim arising from you failing to take medication as prescribed by your medical practitioner;
- 3. You not answering accurately any question(s) we have asked you at the time of buying this policy, where your answer(s) may have affected our decision to provide you with this policy;
- 4. You travelling to a destination which the Foreign, Commonwealth & Development Office has advised against all or all but essential travel, unless we agree in writing to include. Travel advice can be obtained from the Foreign, Commonwealth & Development Office: Tel: +44 20 7008 5000 Website: www.gov.uk/fcdo 5. A set of circumstances which you knew about at the time the trip was booked unless you could not
- reasonably have expected such circumstances to result in a claim;
  6. If a Multi-trip cover, **you** being 66 years of age or over at the inception / renewal date of **your** policy (limited to 40 years for True Value Policies) or if a Single trip cover **you** being 66 years of age or over (limited to 40 years for True Value Policies) when **you** purchase the policy;
- 7. Any criminal act by you;
- 8. Failure to comply with the laws applicable to the country in which you are travelling;
- 9. Bankruptcy/liquidation of a tour operator, travel agent or Transportation Company;
- 10. Any other costs that are caused by the event that led to the claim unless specifically stated in the policy;
- 11. Any payment, which you would normally have made during your travels, if no claim had arisen;
- 12. You are not covered for any claims arising directly or indirectly from:
- a) Your consumption of alcohol, drugs and/or solvents impairing your physical ability and/or judgement.
- b) **You** abusing alcohol, drugs and/or solvents.
- c) **You** suffering from the symptoms of or illness due to alcohol, drug and/or solvent dependence and/or withdrawal.

**We** do not expect **you** to avoid drinking alcohol on **your** trip, but **we** will not cover **you** for drinking so much alcohol that **your** judgement is seriously affected, and **you** need to make a claim as a result;

- 13. Any claim resulting from assisted suicide/Euthanasia;
- 14. Pregnancy 12 weeks before and 12 weeks after the estimated date of delivery;
- 15. You climbing on top of or jumping from a vehicle, or jumping from a building or balcony, or sitting, planking, balconing, owling or lying on any external parts of any building, or climbing or moving from any external part of any building to another (apart from stairs, ramps or walkways) and falling regardless of the height, unless your life is in danger or you are attempting to save human life;
- 16. The cost of any routine or elective (non-emergency) treatment or surgery, including specialist review or referral, exploratory tests which are not directly related to the illness or injury which necessitated **your** admittance to hospital;
- 17. Any claim arising from sexually transmitted diseases;
- 18. Loss or damage to any property and expense or legal liability, directly or indirectly caused by or

contributed to or arising from:

- a) Ionizing radiation or radioactive contamination from any nuclear fuel or nuclear waste, which results in burning of nuclear fuel;
- b) The radioactive toxic explosive or other dangerous properties of nuclear machinery or any part of it;
- c) Pressure waves from aircraft and other flying objects travelling faster than the speed of sound;
- 19. Any consequence whether direct or indirect of war, invasion, act of foreign enemy, hostilities (whether war be declared or not), discharge, explosion or use of a weapon of mass destruction whether or not employing nuclear fission or fusion, or chemical, biological, radioactive or similar agents, by any party at any time for any reason, terrorist activity (except for claims made under Section A "Medical & Repatriation Expenses" and section C "Accidental Disability"), civil war, rebellion, revolution, insurrection, blockade, military or usurped power;
- 20. Air travel (other than as a fare-paying passenger on a regular scheduled airline or licensed charter aircraft, or if covered by a specific activity under Section M where an additional premium has been paid and it is shown on **your** Validation Certificate);
- 21. Planned sports activities unless **you** have paid the appropriate additional premium and it is shown on **your** Validation Certificate:
- 22. Any virtual currency including but not limited to crypto currency, including fluctuations in value;
- 23. No insurer shall be deemed to provide, and no insurer shall be liable to pay any claim or provide any benefit here under to the extent that the provision of such cover, payment or such claim of such benefit would expose that insurer to any sanction, prohibition or restriction under United Nations resolutions or the trade or economic sanction, laws or regulations of the European Union, United Kingdom or United States of America;
- 24. Under all sections, any claim arising from a reason not listed in what is covered;
- 25. Any circumstances known to **you** before **you** purchased your policy or at the time of booking any trip which could reasonably have been expected to lead to a claim under this policy;

# **CLAIMS PROCEDURES**

All claims must be submitted within 60 days of the incident giving rise to the claim. First check this wording to make sure **your** claim is valid.

# **CANCELLATION CLAIMS**

The travel agent, tour operator, provider of transport or accommodation must be contacted immediately, and **you** must obtain a cancellation invoice. The tickets and booking forms/receipts will also be required to support **your** claim. Go to **www.truetraveller.com/claims** where **you** find full instructions on how to make a claim.

# **CURTAILMENT CLAIMS**

Call the 24-hour Emergency Medical Assistance Service on +44 20 7985 7446 or 1 800 986 6380 (within USA/Canada). Their authorisation must be obtained before **you** cut short **your** trip. All ticket stubs/booking forms/receipts and any other evidence of expenditure should be retained and submitted to support **your** claim. Go to **www.truetraveller.com/claims** where **you** can find full instructions on how to make a claim.

#### **MEDICAL CLAIMS**

### IN-PATIENT TREATMENT OR OUT-PATIENT TREATMENT EXPECTED TO BE OVER £500

If serious injury is incurred in which **you** are admitted to hospital, call **our** 24-hour Emergency Medical Assistance Service on **+44** 20 7985 7446 or 1800 986 6380 (within USA/Canada) as soon as possible. **You** will be given advice on what to do and the assistance **you** require. All receipts for medical consultations / treatment / medication etc. should be retained and submitted to support **your** claim.

### **OUT-PATIENT LESS THAN £500**

Go to www.truetraveller.com/claims where you can find full instructions on how to make a claim. All receipts for medical consultations/treatment/medication etc. should be retained and submitted to support your claim.

If **you** receive out-patient treatment (no hospital admission) and the costs are likely to exceed £500 **you** must refer to the Emergency Medical Assistance Service for authorisation.

#### **BAGGAGE CLAIMS**

Written proof of the incident must be obtained from the police, the accommodation management, tour operator or carrier within 24-hours of the loss/theft. If the loss occurs during travel, **you** must obtain a property irregularity report from the carrier. For all item(s), pair or sets of items over £100, **you** will also be asked to provide receipts. If **you** cannot find receipts, other proof of ownership (such as bank / credit card statements and photographs of yourself wearing the item) might be offered to support **your** claim instead. If **personal baggage** is delayed obtain a written report from the carrier (e.g. airline, shipping company etc.) detailing the length and the cause of the delay. Retain all the receipts which relate to any emergency replacement items **you** have purchased.

Go to www.truetraveller.com/claims where you can find full instructions on how to make a claim.

#### **MONEY CLAIMS**

Written proof of the incident must be obtained from the police, the accommodation management, tour operator or carrier within 24-hours of the loss/theft. **You** might be asked to provide proof of the withdrawal of the **money** from the bank. Please remember that the loss of **money** must occur whilst it is carried on **your** person or whilst it is left in a locked safety deposit box. Go to **www.truetraveller.com/claims** where **you** can find full instructions on how to make a claim.

#### TRAVEL DELAY CLAIMS

Written confirmation must be obtained from the airline, shipping, coach or train company stating the period of the delay and the reason for the delay. Please remember that cover for travel delay is provided for specific reasons only:

- a) strike or industrial action (provided that when this policy was taken out and or the trip was booked, there was no reasonable expectation that the trip would be affected by such cause)
- b) adverse weather conditions
- c) the mechanical breakdown or technical fault of the aircraft, coach or sea vessel
- Go to www.truetraveller.com/claims where you can find full instructions on how to make a claim.

#### **MISSED DEPARTURE CLAIMS**

Written confirmation must be obtained from the Transport Company, police or roadside assistance service confirming the location, reason and duration of the delay. Go to <a href="https://www.truetraveller.com/claims">www.truetraveller.com/claims</a> where you can find full instructions on how to make a claim.

### PERSONAL LIABILITY AND LEGAL ASSISTANCE CLAIMS

Obtain as much information as possible, including police reports, witness details and any photographs. **You** must NOT admit liability at any time. The Claims Service must be notified immediately by email on claims@truetraveller.com or by phone on +44 20 3439 4285 (from overseas) or 020 3439 4285 (within UK).

### **COLLISION DAMAGE WAIVER EXCESS CLAIMS**

Invoices, receipts, and other documents confirming the amount **you** have paid in respect of the accident/damage or loss for which the vehicle rental company holds **you** responsible should be retained along with a copy of the rental contract and law enforcement / police report (if applicable) submitted to support **your** claim. A copy of the driving licence of the person involved in any accident (the driver) will also be required.

Go to www.truetraveller.com/claims where you can find full instructions on how to make a claim.

### TRAVEL CATASTOPHE CLAIMS

Invoices, receipts, and other documents confirming the amount **you** have paid in respect of the catastrophe taking place. In addition, a written statement from an appropriate public authority confirming the full details of the incident will also be required.

Go to www.truetraveller.com/claims where you can find full instructions on how to make a claim.

# **COMMENTS & COMPLAINTS**

We always aim to provide a first-class level of service. If, for any reason, you feel that our service is not of the standard you would expect, please tell us.

If **your** complaint relates to the sale of the policy, please contact The True Traveller directly. If **your** complaint relates to a claim under **your** policy, please contact **us** as follows:

**Complaints Team** 

AXA

The Quadrangle, 106-118 Station Road

Redhill

RH11PR

When you contact us, please have the following information available:

- Your name, address and postcode, telephone number and email address (if you have one).
- Your policy number and/or claim number and the type of policy you hold.
- The reason for your complaint.
- All written correspondence should be headed 'COMPLAINT' and include any supporting documentation.

### What to do if you are still not satisfied

If **you** are still not satisfied once **you** have received **our** response, then **you** may be able to refer your complaint to the Financial Ombudsman Service. **You** must approach the Financial Ombudsman Service within six months of **our** final response to **your** complaint. **We** will remind **you** of the time limits in the final response.

The Financial Ombudsman Service Exchange Tower

London

E14 9SR

Email: complaint.info@financial-ombudsman.org.uk

Website: www.financial-ombudsman.org.uk

We must accept the Ombudsman's final decision, but **you** are not bound by it and may take further action if **you** wish.

**Your** rights as a customer to take legal action are unaffected by **our** complaint's procedure. However, the Financial Ombudsman Service may not adjudicate on any cases where litigation has commenced.

# **GOVERNING LAW**

Unless agreed otherwise, English law will apply and all communications and documentation in relation to this policy will be in English. **We** and **you** do not intend any term of this contract to be enforceable pursuant to the Contract (Rights of Third Parties) Act 1999.

# **DETAILS ABOUT OUR REGULATOR**

True Traveller Insurance is arranged by The True Traveller Limited and underwritten by Inter Partner Assistance S.A., which is part of the AXA Group.

The True Traveller Limited (FRN 756107) is authorised and regulated by the Financial Conduct Authority (FCA).

Inter Partner Assistance S.A is authorised and regulated by the National Bank of Belgium, with a registered head office at Boulevard du Régent 7, 1000 Brussels, Belgium. Authorised by the Prudential Regulation Authority (firm reference number 202664). Subject to regulation by the Financial Conduct Authority and limited regulation by the Prudential Regulation Authority.

Inter Partner Assistance S.A. UK branch office address is 106-118 Station Road, Redhill, RH1 1PR.

The True Traveller Limited act as agents for Inter Partner Assistance S.A. with respect to the receipt of customer **money** and for the purpose of handling premium refunds.

# **FINANCIAL SERVICES COMPENSATION SCHEME**

**We** are covered by the Financial Services Compensation Scheme (FSCS). **You** may be entitled to compensation from the scheme in the unlikely event **we** cannot meet **our** obligations to **you**. This depends on the type of insurance and the circumstances of the claim. Further information about the compensation scheme arrangements is available from the FSCS (www.fscs.org.uk) or call them on 020 7741 4100.

# DATA PROTECTION NOTICE

By providing **your** personal information while purchasing this policy and using **our** services, **you** acknowledge that **we** may process **your** personal information. **You** also consent to **our** use of **your** sensitive information. If **you** provide **us** with details of other individuals, **you** agree to inform them of **our** use of their data as described here and in **our** website privacy notice available at www.axa-assistance.com/en.privacypolicy.

Processing your personal information is necessary to provide you with an insurance policy and other services. We also use your data to comply with our legal obligations, or where it is in our legitimate interests when managing our business. If you do not provide this information, we will be unable to offer you a policy or process your claim.

We use your information for a number of legitimate purposes, including:

- Underwriting, policy administration, claims handling, providing travel assistance, complaints handling, sanctions checking and fraud prevention.
- Use of sensitive information about the health or vulnerability of **you** or others where relevant to any claim or assistance request, in order to provide the services described in this policy. By using **our** services, **you** consent to **us** using such information for these purposes.
- Monitoring and/or recording of **your** telephone calls in relation to cover for the purposes of record-keeping, training and quality control.
- Technical studies to analyse claims and premiums, adapt pricing, support subscription process and consolidate financial reporting (incl. regulatory). Detailed analysis on claims to better monitor providers and operations. Analysis of customer satisfaction and construction of customer segments to better adapt products to market needs.
- Obtaining and storing any relevant and appropriate supporting evidence for **your** claim, for the purpose of providing services under this policy and validating **your** claim.
- Sending **you** feedback requests or surveys relating to **our** services, and other customer care communications.

We may disclose information about you and your insurance cover to companies within the AXA group of companies, to our service providers and agents in order to administer and service your insurance cover, to provide you with travel assistance, for fraud prevention, to collect payments, and otherwise as required or permitted by applicable law.

We will separately seek your consent before using or disclosing your personal data to another party for the purpose of contacting you about other products or services (direct marketing). You may withdraw your consent to marketing at any time, or opt-out of feedback requests, by contacting the Data Protection Officer (see contact details below).

When carrying out these activities, **we** may transfer **your** personal information outside the UK or the European Economic Area (**EEA**). Where this happens, **we** will make sure that the appropriate safeguards have been implemented to protect **your** personal information. This includes ensuring similar standards to the UK and **EEA** are in force and placing the party **we** are transferring personal information to under contractual obligations to protect it to adequate standards.

**We** keep **your** personal information for as long as reasonably necessary to fulfil the relevant purposes set out in this notice and in order to comply with **our** legal and regulatory obligations.

You are entitled to request a copy of the information we hold about you. You also have other rights in relation to how we use your data, as set out in our website privacy notice. Please let us know if you think any information we hold about you is inaccurate so that we can correct it.

If **you** want to know how to make a complaint to the UK Information Commissioner or have any other requests or concerns relating to **our** use of **your** data, including obtaining a printed copy of the website privacy notice please write to **us** at:

Data Protection Officer AXA 106-108 Station Road Redhill RH1 1PR

Email: dataprotectionenquiries@axa-assistance.co.uk